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Fall 11-2002

### A History of Love

Melanie Suzanne DeMotts  
*University of Tennessee - Knoxville*

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**Appendix D - UNIVERSITY HONORS PROGRAM  
SENIOR PROJECT - APPROVAL**

Name: Melanie DeMotts

College: Engineering Department: Civil

Faculty Mentor: Dr. Nove

PROJECT TITLE: \_\_\_\_\_

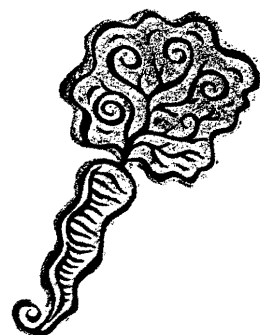
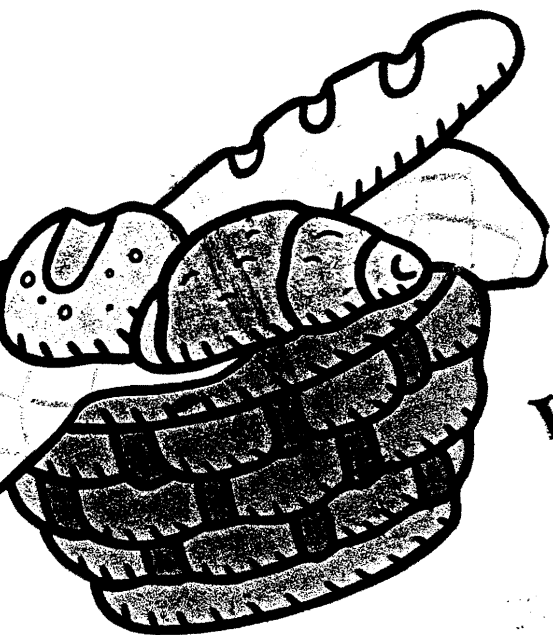
A History of Love

I have reviewed this completed senior honors thesis with this student and certify that it is a project commensurate with honors level undergraduate research in this field.

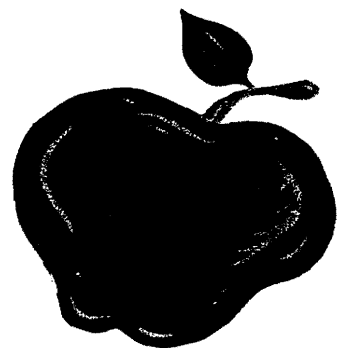
Signed: Ryan M. Nove, Faculty Mentor

Date: 11-20-02

Comments (Optional):



What's  
Cookin'  
at the



Love Kitchen

volume 1



*Love Kitchen*



# LOVE KITCHEN


MANY OF THE LOVE  
KITCHEN RECIPIENTS ARE  
THE FORGOTTEN PEOPLE — THE  
GAP PEOPLE. AT FIRST THEY SEE  
HOPE IN OUR EYES, BUT WE WANT  
THEM TO SEE HOPE THROUGH THEIR  
OWN EYES.



HELEN ASHE



# OUR HISTORY



In 1984, twin sisters Helen Ashe and Ellen Turner first dreamed of creating a program to serve the needy of Knoxville.

Their dream became a reality in the basement of Bethel AME Church in February of 1986. The first day, the Love Kitchen opened its doors, they served 22 meals.

Today, the Love Kitchen prepares over 2,200 meals each week. More than half of these meals are delivered to homebound recipients.



LOVE  
KITCHEN



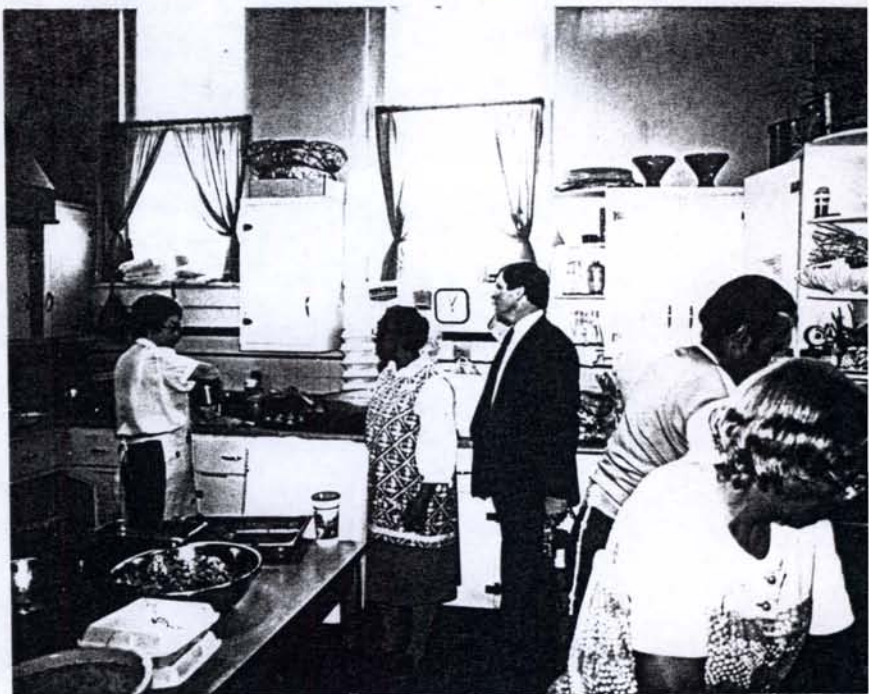
# SO's awards

Phi Beta Sorority, Inc. - Bronze Woman of the Year - 1987

ate of Tennessee House of Representatives - Community Service Award - 1988

ATE TV Co - Movers and Shakers Award - 1989









TENNESSEE DEPARTMENT OF AGRICULTURE  
Division of Commodity Distribution  
Ellington Agricultural Center  
Box 40627, Melrose Station  
Nashville, Tennessee 37204

June 25, 1986

Ms. Helen L. Ashe, Director  
Bethel A.M.E. Church Soup Kitchen  
2460 Parkview Avenue  
Knoxville, Tennessee 37917

Dear Ms. Ashe:

We are pleased to tell you that Bethel A.M.E. Church Soup Kitchen has been approved to receive USDA donated foods. Enclosed is a copy of our executed agreement which must be kept for review by appropriate USDA and Tennessee Department of Agriculture representatives. This agreement will remain in effect as long as the conditions are met and until a new official may be appointed either at your agency or the TDA Commodity Distribution Division.

As foods become available, you will be notified by the food distributor in your region;

Hackney Foodservice Distributors, Inc.  
Topside Road at Alcon Highway  
P. O. Box 14015  
Knoxville, Tennessee 37901

You should start receiving Group C foods immediately.

You must keep accurate records of the food you receive and use. Check your delivery receipts against your monthly billing invoice. If you have any questions concerning your delivery or billing, please contact your food distributor first. We are sending you a supply of monthly report forms (DAC-30). This report is to be completed at the end of each month in duplicate; one copy is to be retained by you and one copy is to be forwarded by the tenth (10th) of the following month to your TDA representative:

Mr. John H. Carson  
P. O. Box 573  
Crossville, Tennessee 38555

The form has many foods listed. You will only report those foods your agency has received. You should report only whole cases, or bags. Under column for loss, gain and transfer, if you should lose food for any reason; freezer failure, theft, etc., please record this loss in this column. From time to time transfers are made from one agency to another by permission from the Commodity Monitor in your area, if a transfer is



# BETHEL'S LOVE KITCHEN

## Policy

*The mission of "Bethel's Love Kitchen" is to provide a hot nourishing meal, clothing and fellowship to the needy, sick, shut-in and downtrodden each week, thereby creating a ray of hope and love while spreading CHRIST'S liberating gospel through word and deed.*



"EVERYBODY IS GOD'S SOMEBODY"





JUNE 2, 1989

# 'wins serve hope to God's somebody

EBASTIAN DORTCH  
-Sentinel staff writer

East Knoxville is hurting. And Helen Ashe and her twin, Ellen Turner, know it. They have seen scores of jobless men squander money sucking beer from containers in brown paper bags. They have heard elderly women wish they had somebody who cared.

They have watched for the last three years as angry men, women and children walk through the doors of their kitchen for meals. Ashe and Turner, both 64, have been there for those people who have sought nothing in return.

Our theme is everybody is God's somebody that's how we treat people," Ashe says. "We've brought up to care about people."

The sisters opened the Bethel Love Kitchen, a food and clothing ministry of Bethel AME Church, 460 Parkview Ave., on Feb. 13, 1986. Twenty people ate that day. Since then, 62,000 have been fed.

The kitchen relies on the federal surplus food program, donations and private supporters, including Lynn Duncan, wife of Rep. John J. Duncan Jr., R-Tenn., who was helping serve Thursday.

Duncan says her husband's office is currently looking on six possible grants for the kitchen.

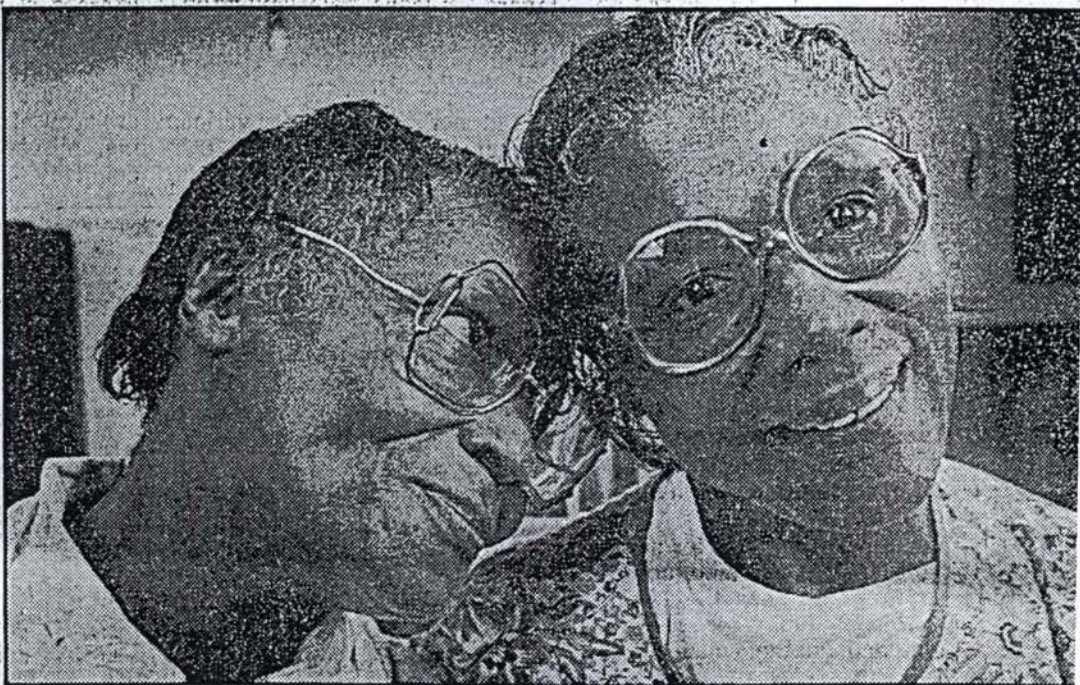
The kitchen also has helped people find jobs, clothes and, most importantly, love in an often loveless world.

The sisters admit the work is hard. Both women were nurses at the University of Tennessee Medical Center before their health forced them to retire several years ago.

The joints in Ashe's knees are deteriorating, making it hard for her to stand some days. Both have back problems. Turner has cancer but it is under control. Arthritis, however, robs strength from her hands.

They continue on, though.

"If I have the strength to get up, I'm going to do somebody," says Turner. "What am I doing being sorry for myself when there are people out



Helen Ashe, left, and her twin, Ellen Turner.

there who are much worse? I know because I've been in their homes."

Says Ashe: "This ministry is therapy to me. I have a lot of aches and pains and so does my sister, but coming here gives us incentive to go on."

The kitchen serves meals every Thursday. The sisters begin preparing Wednesday but do most of their cooking Thursday mornings. The time spent reflects in the meals. They often offer "home cooking," consisting of fried chicken, potatoes, liver and onions, ham, meat loaf, spaghetti, green beans, corn muffins and cake.

The idea of the kitchen was born in 1984 when Ashe had a dream about cooking for people. A few days later she heard Church Street United Methodist Church had a soup kitchen, so she contacted

an associate pastor there who advised beginning a program. She and her sister looked back since.

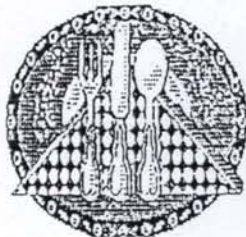
A portion of the meals are packaged to elderly people who can't travel.

The kitchen refers people to organizations that provide jobs and shelter and also fixes food boxes for those in need.

In the future, the sisters hope to move the kitchen to a building with more room and Ellen says she would like to see the kitchen land that can be used to grow food for the

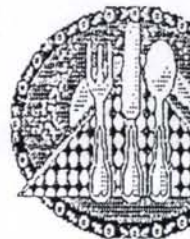
"These are the forgotten people — the people," says Helen. "When we started out we had hope in our eyes, but we want them to see through their own eyes."





## Love Kitchen, Inc.

P. O. Box 6839  
Knoxville, Tn. 37914-6839



### A Brief Description and History

Most people rest, relax and generally slow down after retirement. Helen Ash and Ellen Turner are not like most people. They are twin sisters who started a soup kitchen ministry after retiring from nursing. They are partners with a dream, a dream which is now being shared by many in Knoxville, a dream which reaches out in love to all who need help and to all who need a chance to give help and express their love for others.

The Love Kitchen started one cold winter day, Thursday, February 13, 1986 in the basement of Bethel AME Church in Knoxville. Since that time, each Thursday, the organization prepares and serves meals to all who are homeless, unemployed, elderly, and homebound. As of September 30, 1989, over 70,000 meals have been served. The organization serves an average of 700 meals each Thursday.

As the community has become aware of the efforts of the Love Kitchen, this has resulted in an increase in volunteer participation and increased donations. People of all races and backgrounds, black and white, young and old, rich and low-income, unite each week to serve their hungry and homeless neighbors. Helen and Ellen have the remarkable ability to bring out the best in everyone, and their positive, loving attitudes are catching. When one thinks of them, the children's song by Malvina Reynolds comes to mind -- "Love is Something. If you give it away, you end up having more. It's just like a magic penny; hold it tight, and you won't have any. Lend it, spend it, and you'll have so many, they'll roll all over the floor."

The future for The Love Kitchen is bright. The dreams of Helen and Ellen will stretch across generations to come. The day when The Love Kitchen will provide more than just meals is nearing. For Helen and Ellen, The Love Kitchen's role must continue to grow. It must always strive to do more because the needs of the people are more than food. They must be provided clothing, shelter, shower facilities, washer and dryer facilities, and opportunities for employment and self-sufficiency. Their dreams are for cooperation -- cooperation between churches, neighborhoods, businesses, government, and the people. Will this dream come true? It has and yes, it will. You and I can make the dream more fantastic than it was even envisioned by giving, unselfishly, of our time and energy to this worthwhile mission.

Helen and Ellen have planted the seed of a cooperative community effort that is sure to grow and become a part of the daily lives of many and make a difference in survival for others. You can make the difference.

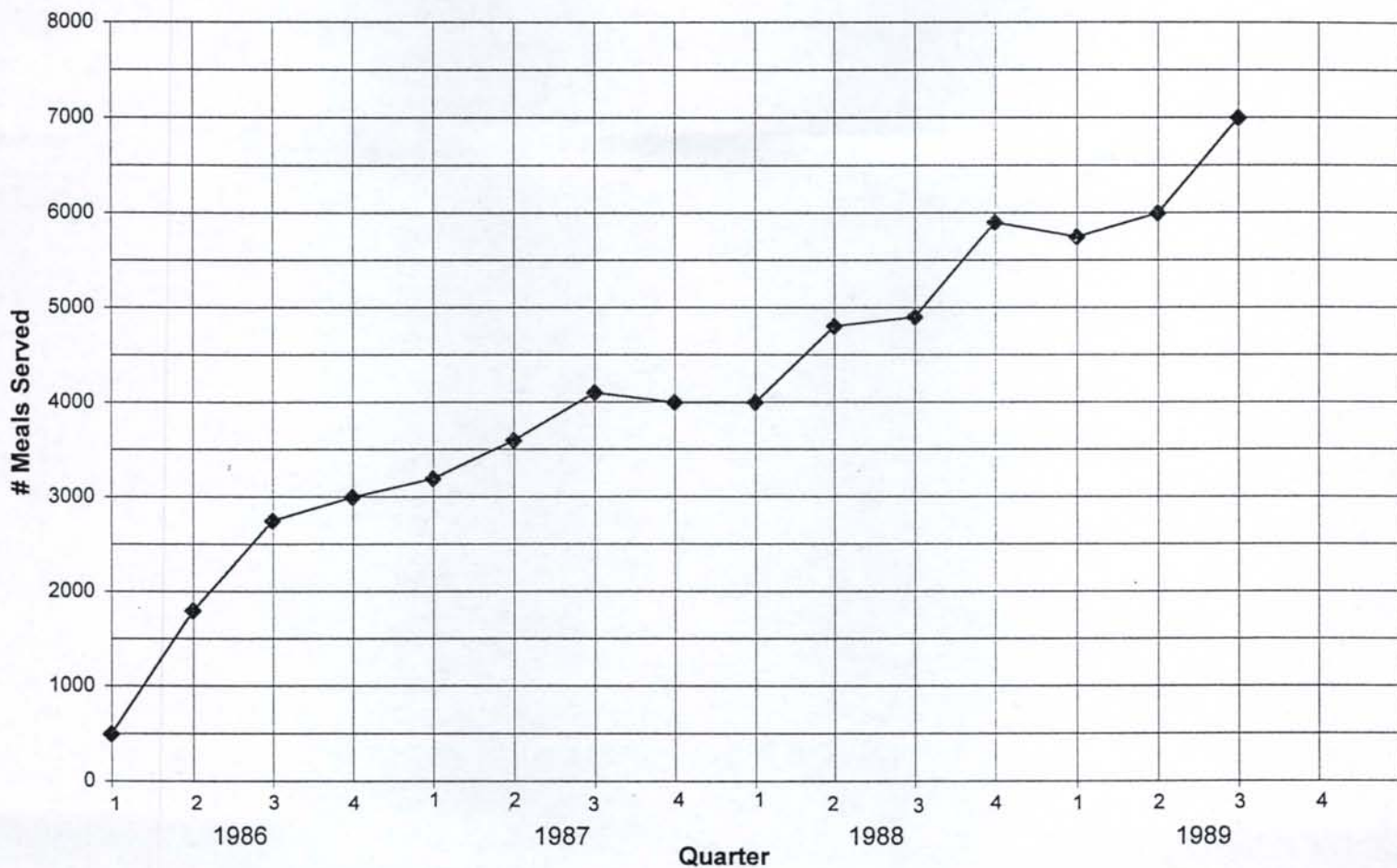
Written by:

**Patricia Bing**





### Bethel Love Kitchen Meals Served



UP, UP AND AWAY!

# The Ten Food Commandments of the Love Kitchen

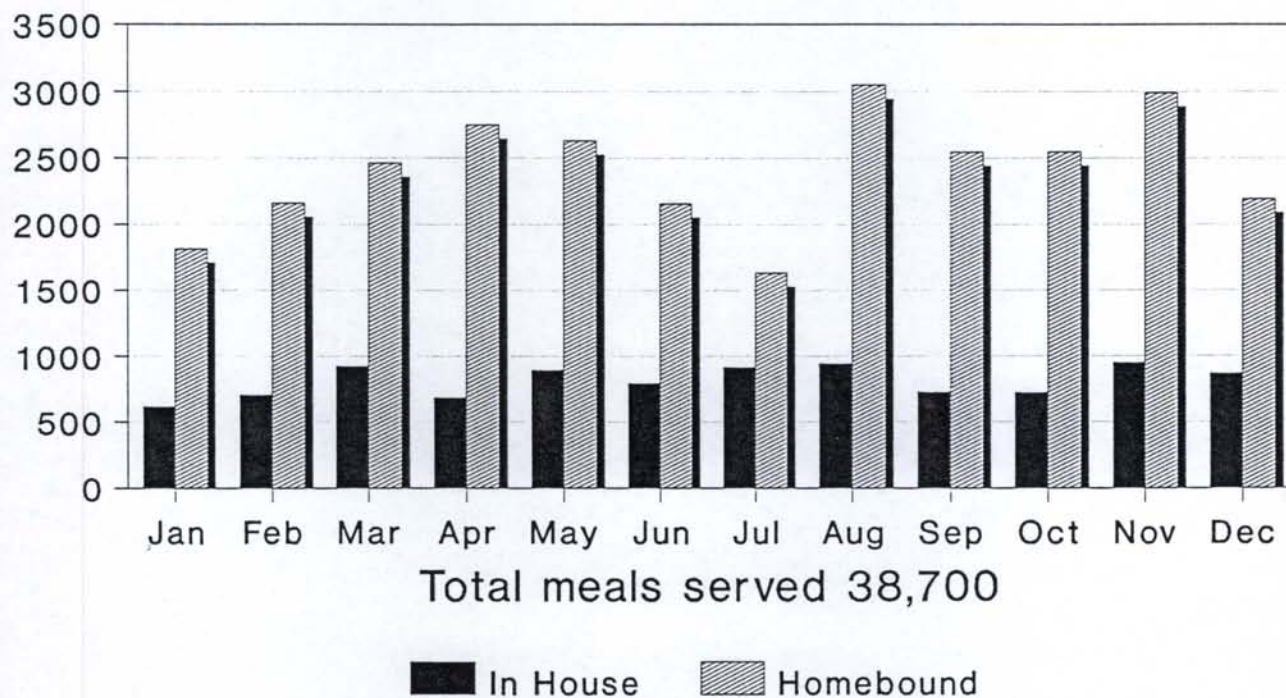


- I. THOU SHALT NOT EAT OR DRINK IN THE KITCHEN AREA (ONLY IN DESIGNATED AREAS).
- II. THOU SHALT THOROUGHLY WASH HANDS BEFORE WORKING AND AFTER TOUCHING SELF, APRON, COUGHING OR HANDLING WIPING CLOTHES.
- III. THOU SHALT CHECK FOOD TEMPERATURES IN FREEZERS, STEAM TABLES, AND OTHER HOLDING AREAS (THE DANGER ZONE IS 45° TO 140°F).
- IV. THOU SHALT NOT STORE CHEMICALS NEAR FOOD OR FOOD CONTACT SURFACES.
- V. THOU SHALT SANITIZE EQUIPMENT REGULARLY BETWEEN USES.
- VI. THOU SHALT CHECK SANITIZER LEVEL (LEVEL SHOULD BE 50PPM TO 200PPM FOR BLEACH).
- VII. THOU SHALT WATCH FOR INSECTS AND RODENTS.
- VIII. THOU SHALT WEAR CLEAN CLOTHING.
- IX. THOU SHALT WEAR HAIR RESTRAINTS.
- X. THOU SHALT OBEY THE ABOVE COMMANDMENTS.



# Bethel Love Kitchen

## Meals Served in 1990



In House 9,754 - Homebound 28,994  
 Compiled by: Ellen Turner

## 1990 Awards

ALPHA KAPPA ALPHA SORORITY - COMMUNITY SERVICE AWARD

U.S. MAYORAL END HUNGER AWARD

NATIONAL CONFERENCE OF CHRISTIANS AND JEWS - COMMUNITY  
 SERVICE AND VOLUNTEERISM AWARD



# Bethel Love Kitchen

2460 Parkview Avenue • Knoxville, Tennessee 37917 • 615/522-6396



Edward Howard  
Administrator

Helen Ashe  
Director

Ellen Turner  
Manager

March 5, 1990

Dear

The Bethel Love Kitchen Advisory Board invites you to join the vision, the vision known as Love Kitchen. We need consultants who are available to provide assistance with special projects and to share advice on issues that require thoughtful consultation from people with relevant skills and experiences. We also need additional Advisory Board members who are willing to attend monthly meetings and to serve on standing committees.

From the consultants and Advisory Board members, a Board of Directors will be selected at the appropriate time. In the near future, Love Kitchen will be incorporated as an independent, non-profit corporation. We hope you will join the work of Love Kitchen as either a consultant or as an Advisory Board member. Serving as an Advisory Board member will require more time than serving as a consultant. Both positions will provide great personal rewards as Love Kitchen expands its mission to feed the bodies and to nurture the souls of the forgotten people of Knoxville. An Advisory Board member will contact you before the next scheduled Board meeting to be held on Tuesday, April 17th, 1990, at Bethel AME Church at 7:00 p.m. We hope you will join us in our effort to be of greater service to those in need.

Sincerely,

Edward Howard  
Administrator

Pat Bing  
Secretary



# March 11

## Bethel Love Kitchen in search of larger base for operations

BY BEECHER BAILEY  
of The Journal staff

The Bethel Love Kitchen needs larger quarters, but it won't close down if it doesn't find them, according to organizers of the East Knoxville feeding program.

"We are attempting to expand," said Edward Howard, chairman of the Love Kitchen's board of directors.

"We are actively seeking larger quarters. We've been working with several sources to obtain larger quarters," Howard said. "We've strictly outgrown our present facility at Bethel AME Zion Church because of the volume of people we serve."

When the Love Kitchen opened in 1985, it served a Thursday lunch to 22 people. Volunteers have continued to prepare and serve lunches on Thursday as the number of people fed has grown to around 700.

Howard said about 40 percent of the meals are served at the church, and the other 60 percent are delivered.

After a board meeting last week, Dhyana Ziegler, who heads the Love Kitchen's public relations and publicity committee, sought to quell rumors that the minis-

try would have to shut down because it is overwhelmed at its current location.

"We're going to continue to function every day, no matter what," she said. "If it grows to people, we'll just have people lined up outside."

The need for a larger kitchen and serving area has been discussed for about two years, and the Love Kitchen has been looking for another location for at least six months, she said.

"We would like to stay in East Knoxville because we feel like that is where the greatest need is," Howard said.

Except for use of its facilities, Ziegler said the Love Kitchen operates independently of the church, which is located at 2460 Parkview Ave.

Through its director of community relations, Finch, the city is "helping them (the Love Kitchen) find suitable sites," city spokesman Craig Griffith said.

"Nobody has promised us any kind of space," Ziegler, an associate professor of broadcasting at the University of Tennessee, said. "We're just engaged in the process of trying to find another space. Surely, we would like to work with the city or county or whoever will help us."

# 1991



# Today's Menu

5/16/91

Spaghetti & Meat Sauce  
Pinto Beans  
Corn muffins  
Assorted Desserts  
Iced Tea / Apple juice / Coffee



# meals served last Thurs. 828  
# meals served Today —

Memos  
fried chicken, Green beans, Hot weiners line back-up  
et 2<sup>nd</sup> plates.



Cookies donated by: Fifth Ave  
Bapt. Church.  
Donuts donated by: Krispy  
Kreme.





# Love Kitchen led to vacate church home

Program director disputes  
problems cited in action

SANDRA BURKE  
Journal staff

East Knoxville food program has been asked to  
leave its quarters in the Bethel AME Zion Church on  
East Avenue, following allegations of drunk, dis-  
orderly and drug-using clients loitering on church  
property.

However, the director of the Love Kitchen Inc. dis-  
putes the allegations, saying the matter has been blown  
out of proportion.

In a letter from Bethel AME pastor The Rev.  
S. White to Love Kitchen chairman Edward  
Howard, White said church members and others had  
expressed concern "regarding Love Kitchen clients as  
disorderly, using drugs, discarding drug parapher-  
nalia and loitering on the property of Bethel."

Until the boards of the church and the Love Kitchen  
can resolve the problems, activities of the Love  
Kitchen will be suspended beginning Aug. 1, White  
said.

However, Love Kitchen director Helen Ashe denies the  
allegations and says White and church board mem-  
bers merely visit the weekly food program.

"It's almost inhuman for this to be blown up like it is  
when this is not the facts," Ashe said.

Discarded "drug paraphernalia" was an insulin  
box that a diabetic volunteer had thrown in the  
room trash can, Ashe said. And while some in-  
appropriate people have arrived at the facility that serves  
people as well as needy local residents, they left  
without any problems, she said.

"I am all shocked. It was not expected," said  
member Dhyana Ziegler who heads the minis-  
try public relations committee and was not even  
mentioned in the letter until contacted by The Journal.

"I'm not sure if I know what's behind it. The bottom  
line is the Love Kitchen provides a service to the com-  
munity. There is nothing political in what the Love  
Kitchen does. This is just two women (twin sisters Hel-  
en and Ellen Turner) who want to serve and feed

Please see KITCHEN, 11A

## Kitchen

From Page 1A

community," Ziegler said.  
In a letter from White, dated  
July 16, leaves little time to call  
Love Kitchen board members to-  
gether to resolve the problem be-  
fore the Aug. 1 deadline, and it is  
unclear whether church board  
members actually voted to oust the  
Love Kitchen when they met Sat-  
urday, Ziegler said.

White, a Bethel church member,  
she also did not know what  
was behind the letter from White.  
He added, "It hasn't been a pleas-  
ure to be. There's been oppo-  
sition. It hasn't been easy."

Friction between the Love  
Kitchen and White has developed  
since the food program incorporat-  
ed, she said, adding, "I imagine it's  
because he's not in control."

The Love Kitchen, which oper-  
ates a food pantry and provides  
clothes, toiletries and medical  
equipment like crutches on an  
emergency basis, has been seeking  
larger premises for several months  
to handle its growing clientele. At  
its first dinner in 1985, the kitchen  
served 22 people. On Thursday, 860  
dinners were served, including  
about 600 dinners delivered by vol-  
unteers to home-bound people,  
Ashe said.

While the Love Kitchen pays no  
rent for its one-day-a-week use of  
the Bethel facility, it does pay the  
dumpster fee, Ashe said. Donations

from the community and other  
churches cover the cost of the pro-  
grams, she said.

An emergency board meeting  
will be scheduled to determine  
what should happen next, Ziegler  
said.

Another church and the YWCA  
on South Cruze Street have offered  
temporary facilities, Ashe said. The  
Love Kitchen's board has also been  
negotiating with the Knox County  
school system to take over Vine  
Middle School once it is closed,  
Ziegler added.

Meanwhile, Love Kitchen ser-  
vices will continue despite the cur-  
rent turmoil, Ashe said.

"Our services will not be inter-  
rupted. We will feed," she said.

Neither White nor Howard could  
be reached for comment.

# July 19 & 20 1991

## Food program involved in controversy

BY SANDRA BURKE  
of The Journal staff

The pastor of Bethel AME Zion Church said he's  
being painted as the fall guy in a brewing controversy  
over an East Knoxville food program.

But the Rev. George White says all he wants is for  
board members of the church and The Love Kitchen,  
Inc. to get together and solve what White calls prob-  
lems of drunk, disorderly and drug-using clients who  
sometimes congregate at the church-based Love  
Kitchen for the weekly meal which is served to about  
860 area residents. Many of the meals are taken to the  
home-bound poor.

In a July 16 letter to Love Kitchen board chairman  
Edward Howard, White said all activities at the feeding  
program would have to cease Aug. 1 until the two  
boards meet to resolve the problems.

"All I want from them is to say to me, 'we'll take  
care of any fighting, (we'll) see there'll be no drug-us-  
ing or drunkenness (at the church). That's all I'm ask-  
ing,'" said White.

White said he has personally witnessed fights and  
drunks at the Love Kitchen. He said he has picked up  
two drug needles from the porch, and his staff has seen

people snorting cocaine at the church building.

"All I've asked Love Kitchen to do is po-  
lice people. I don't want (the ministry) out of Be-  
thel. Everything has to have some guidelines," White  
said.

Adding urgency is the fact that the church's  
insurance no longer covers activities at the Love  
Kitchen since the former Bethel ministry set up  
a separate corporation on Aug. 31 1990, White  
said.

"(What) if a child comes to the church, see-  
s him, picks it up and sticks himself... I don't want  
that risk," White said.

Love Kitchen chairman Edward Howard de-  
clined to discuss specifics of White's allegations, but  
said he thought White was "probably exaggerating a little."

Howard said he would discuss White's let-  
ter with his board members, but would not say whether  
the Love Kitchen-Bethel board meeting would be  
requested by White.

On Thursday, Love Kitchen director Hel-  
en Ashe also disputed White's claims regarding some o-  
verly intoxicated clients. Ashe said any drunks who arrive for the  
meal are asked to leave, and that the only "drug  
paraphernalia" found at the facility was an insulin  
box used by a diabetic volunteer.





# July 31

## Love Kitchen to move after dispute with church

**SANDRA BURKE**  
Journal staff

A long-standing East Knoxville food program is leaving its base at Bethel AME Church, unable to resolve a dispute with the church leadership.

The Love Kitchen Inc. was moving today to temporary quarters at the Phyllis Wheatstone Branch of the YWCA on South Cruze Avenue, where it will continue to serve or deliver a Thursday meal to about 850 needy residents and homeless people, officials say. However, because of limited space at the new location, only picnic-style lunches will be available.

The sudden move was due to a breakdown of discussions between representatives of the food program and the church, Love Kitchen director Helen Ashe said.

"We found there was no use trying to deal with a hopeless situation dealing with (Bethel pastor Rev. George White), so we are going to move," Ashe said. "We do not plan to go

"We found there was no use trying to deal with a hopeless situation dealing with (Bethel pastor Rev. George White), so we are going to move. We do not plan to go back, especially while he's there."

**Helen Ashe, Love Kitchen director**

back, especially while he's there."

But White said Tuesday the move was news to him.

"No one has talked to me period, officially — no one. And that's part of the problem," White said. "They haven't agreed to meet with me."

Ashe and White offered different versions of what had occurred.

Ashe said the discussions were being handled by a steward of the church, not by her.

She said discussions broke down when church officials asked the Love Kitchen to boost its liability insurance to \$350,000 and turn its charter over to the church.

But White denied any negotiations even took place.

He said he told a church steward informally that there was room for discussion — if Love Kitchen personnel agreed in writing to absolve the church of any liability in the event of an accident and if the food program agreed to only admit people to the church property for the meal — not to "lounge around the doors or porch."

Earlier this month, the Love Kitchen was asked to leave its Bethel location following allegations by White of drunken, disorderly and drug-using clients loitering on church premises — statements largely disputed by Ashe.

Ashe said Tuesday that Love Kitchen personnel agreed to patrol the property and to keep street people from sitting on the church

steps.

The Love Kitchen used to be a ministry of Bethel AME Church, but set itself up as a separate corporation Aug. 31, 1990. It has continued to use the church's facilities rent-free. Both White and Ashe have said that the friction between the church and the Love Kitchen developed since the program incorporated.

The Love Kitchen board of directors will meet Thursday to consider their next steps, said Dhyana Ziegler, who heads the ministry's public relations committee.

For more information about the meal service, call Ashe at 546-7228.

State of Tennessee Congressional Black Caucus - Community Service Award

Y.W.C.A. Tribute to Women

Annual Legislative Retreat - Outstanding Service Award



# Love Kitchen Inc. wants school site for food program

Jacquelyn B. Dean  
News-Sentinel staff writer

The ideal location for the feed-  
program operated by the  
Kitchen Inc., operators say,  
ld be a school building with  
afeteria and commercial-size  
hen in place.

The board of directors of the  
Kitchen, recently ousted  
Bethel AME Church, had  
ed to land such a facility after  
closures of inner-city schools  
East Knoxville, but that re-  
ns but a possibility.

The Love Kitchen's founders,  
n Ashe and Ellen Turner, are  
ling the hungry from tempo-  
r operations set up in the  
llis Wheatley YWCA Branch  
le a search is being conducted  
find more  
manent  
rters.

The twins,  
o both re-  
d from  
sing ca-  
s at the

iversity of Tennessee Medical  
ter, typically serve some 800  
als each Thursday with the  
of a cadre of volunteers.

They serve on-site as well as  
he-delivered meals and rou-  
ly dispense clothing and toi-  
ies to hungry and needy peo-  
le.

An individual or family that  
nds emergency food could also  
eive a food basket from the  
re Kitchen.

Moving day came on Aug. 1,  
or the church sent a letter de-  
nding the operation vacate the  
iding by that date.

The first week away from the  
rch, Love Kitchen provided a  
nic lunch. For the second  
ursday at the YWCA, they pre-  
ed the food in homes, as they  
when the program first got  
er way in 1986.

"The board met Monday, try-  
to assess our situation, and the  
committee is exploring our  
ions," said Dhyana Zeigler,

chairwoman of the board's public  
relations committee.

She said area churches have  
offered storage space, and another  
East Knoxville church has of-  
fered the use of its facilities. "We  
have had lots of calls from the  
community offering support," she  
said.

Zeigler said the program "will  
stay at the Y as long as they let  
us."

Meanwhile, the Rev. George  
White, pastor of Bethel AME  
Church, has announced that  
Bethel will continue some kind of  
feeding and pantry program  
within this community.

"My philosophy is that the  
church ought to be a place for ev-  
eryone in the community. Part of  
its mission is to provide food,  
clothing and training and personal  
development. That ought to be  
the role of the black church. But  
everything at the church must  
lead to one thing, and that is the  
saving of souls," White said.

"Theirs is the Love Kitchen  
Inc. I am pro-Love Kitchen. I ob-  
jected to the incorporation.

"The organization's incorpora-  
tion precipitated the move," he  
said. "At one time, it was Bethel's  
Love Kitchen, and they used  
Bethel's tax number and every-  
thing."

White said he objected to the  
incorporation because he felt the  
food ministry was not financially  
ready.

Earlier this year the Love  
Kitchen obtained a \$5,000 grant  
from the East Tennessee Founda-  
tion. "From our standpoint, it was  
good business sense to incorpo-  
rate. It kept us from becoming a  
financial burden on the church,"  
Zeigler said.

But White said the organiza-  
tion became unwilling to abide by  
the rules established by the  
church board. "They are perfectly  
welcome to come back, but they  
must follow the rules established  
by the board of Bethel."

Aug. 19  
1991

## End Hunger Month workers hono

Mayor Victor Ashe recently presented awards and donations to  
sons and organizations in recognition of End Hunger Month.

Bob Walker, retired minister and Knoxville/Knox County CAC  
member, was given the Lifetime Achievement award.

The Kroger Company was presented the corporate award and  
emergency food providers, received the service group award.

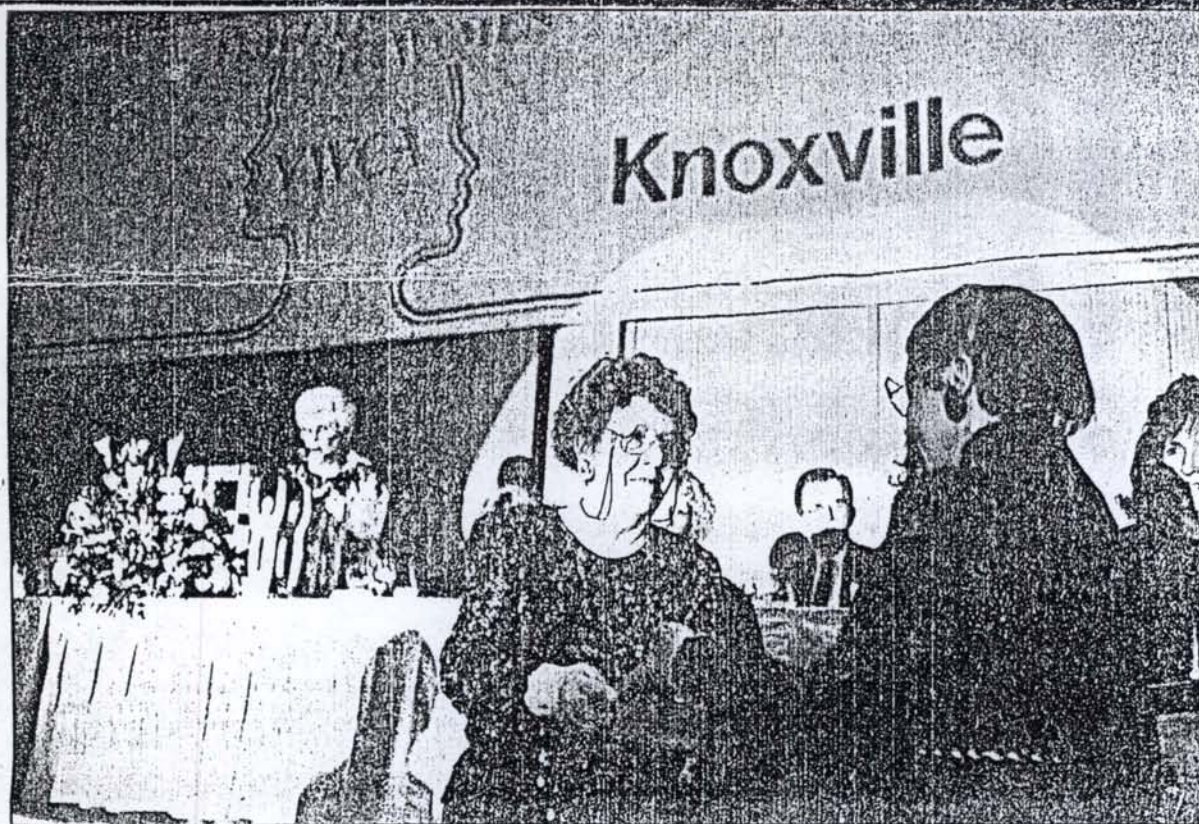
In the community-based outreach program category, The Love  
Kitchen was the recipient and WBIR-TV won the media award.

Webb High School senior, Abid Khan earned the youth award ;  
SHARE Food Bank was awarded the private voluntary organization  
or.

Love Kitchen

Oct. 20  
1990





Connie Grosch/News-Sentinel staff

YWCA board member Wanda Morrell, left, presents a plaque to Helen Liddel Ashe, one of seven finalists in the YWCA Tribute to Women. The awards were presented at a banquet Monday night.



Ashe



Hammett



Hansen



Kramer



Miller



Nielson



Pearre

## 7 honored during Tribute to Women

By Cynthia Cummins  
News-Sentinel staff writer

The YWCA honored seven women Monday at its 7th annual Tribute to Women, an awards banquet that recognizes women for their outstanding achievement in the community.

State Supreme Court Associate Justice Martha Craig Daughtrey, who spoke at the banquet at the Hyatt Regency, said before the ceremony that every one of the recipients were honored because they took a risk and stuck their neck out to make a difference in the community.

"One person can make a difference," Daughtrey said. "In each of the cases tonight where a woman is being honored, she is being honored (for that), and I think it's important to continue to recognize women who have made a difference."

Sue Walker, president of the YWCA Board of Directors, took the podium early in the evening and told the audience she has learned over the years that peo-

ple fall into three categories:

"Those who make things happen, those who watch things happen, and those who wonder what happened."

"We are here tonight to honor the first group," she said.

More than 600 people sat at tables in the ballroom and watched the winners receive awards for various categories:

■ **Arts** — Sara Kramer, curator of education at the Knoxville Museum of Art and its predecessor since 1980. Kramer has been instrumental in the development of numerous art programs involving the museum staff.

■ **Business and government** — Sharon Miller, who left Valley Fidelity Bank in 1986, where she was a senior vice president and second in charge of the trust department, and later founded and chartered the Trust Company of Knoxville.

■ **Education** — Bobbie Nielson, 1990 recipient of the Christa McAuliffe Fellowship for Tennessee; and Carolyn Pearre, program facilitator for the Center School, a

dropout prevention program. Because the three judges' scores came back identical, these two women tied for this category.

The McAuliffe Fellowship included a \$31,200 grant, which Nielson used to locate gifted and underprivileged Appalachian children to attend a prestigious camp.

Through Pearre's work at the Center School, in the past two years 79 students have received high school diplomas in a school that serves more than 150 students annually. This is what helped earn her the Best Principal Award from the Greater Knoxville Chamber of Commerce in 1991.

■ **Human services** — Lynnelle Hammett, assistant executive director of Child and Family Services. Hammett was instrumental in the beginning of "Monday's Child" on WBIR-TV, Channel 10, a profile of a special needs child eligible for adoption.

■ **Science and technology** — Ann Hansen, founder of H&R Technical Associates Inc., an en-

gineering consulting firm. After 11 years, the firm has grown from a staff of two to a staff of 40, with offices in Oak Ridge and Germantown, Md. The company has annual sales of more than \$3 million.

■ **Volunteer community service** — Helen Liddel Ashe, a co-founder of the Love Kitchen, which feeds the hungry in East Knoxville. The kitchen has served more than 150,000 meals to the hungry, homeless and homebound since 1986.

Ashe is a member of the Share Food Bank Council, Emergency Food Helpers and Nutrition Options Against Hunger.

Although women have made significant progress in their recognition for their efforts and with women's rights, Daughtrey said now is not the time to sit back and enjoy the fruits of labor.

"The dangerous situation we're in now is there are voices out there, one of which is the media, telling us that we have arrived, that we have achieved everything, and that we can let our guard down."





# aking a difference

KE SPECIAL note of these women:

Sara Kramer, curator of education at the Knoxville Museum of Art. Sharon Miller, founder of the Company of Knoxville.

Bobbie Nielson, recipient of the ta McAuliffe Fellowship for assee.

Carolyn Pearre, program facilitator for the Center School.

Lynelle Hammett, assistant director of Child and Family Services.

Ann Hansen, founder of H&R nical Associates.

Helen Liddel Ashe, cofounder of ove Kitchen.

ese women are the select ing the distinguished, chosen for al honors from among 18 ac- plished finalists by the YWCA ite to Women.

ramer was honored for her con- tion to the arts, Miller was re- ceived for her accomplishments in field of business and government,

## Tribute to Women

and in a tie, both Nielson and Pearre were chosen for their work in education.

Hammett was recognized for her accomplishments in human services; Hansen, for science and technology, and Ashe, for her volunteer community service.

We agree with State Supreme Court Associate Justice Martha Craig Daughtrey, who said, "One person can make a difference. In each of the cases tonight where a woman is being honored, she is being honored (for that), and I think it's important to continue to recognize women who have made a difference."

We take pride in these women and the other finalists, their personal accomplishments and their impact on this community.

We, too, think they make a difference, and we thank them not only for their work but for their example.



# The Knoxville News-Sentinel

Established December 23, 1886

Harry Moskos  
Editor

Robert J. Hively  
President and General Manager

"Give light and the people will find their own way"

Managing Editor

Vince Vawter

Assistant Managing

Frank Cagle/News

Wade Saye/Projects

Georgiana Vines/Adm

Robert Wilson/Graphi

Senior Editors

Hoyt Canady/Editorial

Donald Cruze/News E

Amy Geisel/State Edit

Harold Harlow/Associ

Jack Lail/Metro Editor



## Applauding 7 Knoxvilleians

### NCCJ award

FOR A BRIEF time Thursday night, the spotlight of public attention will fall on seven Knoxvilleians more used to backstage than center stage.

Helen Liddell Ashe, Ellen Liddell Turner, LeRoy P. Graf, Barbara and Roy Nix, Marilyn Jacobs Shorr and Mary Leslie Simpson will be feted by the local chapter of the National Council of Christians and Jews, which has named them recipients of its 1990 Religious Service Awards.

As a part of the organization's efforts to eliminate prejudice and discrimination, the annual awards are given to people who have crossed racial, religious and cultural lines to serve the community.

Ashe and Turner, who are sisters, are being recognized for founding the East Knoxville Love Kitchen, which each Thursday serves 500 meals to needy people in the community. Started in 1986, the kitchen is at the Bethel A.M.E. Church, where the women are members.

Graf, a member of the Tennessee Valley Unitarian Church, is being honored for almost half a century of efforts to make Knoxville a racially and religiously integrated society.

Promoting cross-cultural re- and understanding won recog- for the Nixes. Members of S- Presbyterian Church, they hav- ed the activities of the Sunse- Community Center near Newp-

Shorr coordinates voluntee- the social services committee- Knoxville Jewish Federation. S- member of Heska Amuna Syna-

Simpson, from Immaculate- ception Catholic Church, has- headed the founding of the Kn- Interfaith Health Clinic, whi- provide health care to the w- poor.

It is the peculiar quality c- seven that their religious life h- en them not only personal s- fulfillment but also the strei- reach out to other people with- comfort and understanding.

On behalf of East Tennes- express our gratitude. And w- the NCCJ for pushing them, brief moment, out of the wi- into the center of the stage.

14  
NOVEMBER  
1991



# IT'S MOVING TIME

## LOVE KITCHEN BOARD

### MINUTES

February 6, 1992

The Love Kitchen board met at closed "Cheers" sandwich shop at 2255 McCalla Avenue. Present were Helen Ashe, Ellen Turner, Edward Howard, Bill Bourne, John Hogin, David Rankin, Birt Waite, Joe Young and Pat Bing.

Ed opened with prayer and reported briefly on meetings with Mr. Kirk in January. He expressed thankfulness to the YWCA for hosting Love Kitchen over the last few months. He said that Rev. Nevels learned of the "Cheers" location and put board members in touch with the owner, Mr. Jones. David, John, Birt and Kelsey worked with Mr. Jones to come to an agreement to lease "Cheers" for one year for \$4000. Birt provided the \$4000. The insurance was discussed. Love Kitchen has liability coverage of \$50,000. Helen and Ellen will look into insuring the contents. Kelsey is working on getting new doors. David will contact an electrician and get them to begin work early next week. It was decided to get three standard electric ranges to reduce the problems with codes and vents. Bill will serve as the liaison with Mr. Jones.

Helen described the plans for Fifth Avenue Baptist Church and Love Kitchen to work jointly on the food pantry. It was moved, seconded and passed that Love Kitchen and Fifth Avenue Baptist Church form a cooperative food pantry to be located at the church.

Ellen announced that Thursday, February 13th will be the 6 year anniversary of Love Kitchen. To celebrate a prayer breakfast will be held on that day at 7 am. All volunteers and board members will be invited.

John reported that Eastport school may be available by the summer. He will continue to work with the school officials and others in the hopes that Eastport will become the permanent home of Love Kitchen.

Bill reported that Joe Delaney had verbally promised \$5000 to Love Kitchen before his death. Bill and John will follow up with the family of Mr. Delaney. A decision to let AA use Love's building for evening meetings was postponed pending insurance decisions and clean up and repairs. Several volunteered for Saturday clean up work.

Meeting was adjourned with prayer by Joe.



February 13, 1992



Michael Patrick/News-Sentinel staff

### Breaking in the new kitchen

Francis Chiasson, left, and Ellen Turner, at sink, prepare pinto beans Wednesday for the Love Kitchen's first lunch at its new location on McCalla Avenue. At the table is Helen Ashe, founder and director of the Love Kitchen, who is checking the

*News-Sentinel*  
2-13-92

bulk packages for bad beans. The first menu included pinto beans, fish, cole slaw and hushpuppies. The new location is 2255 McCalla Ave. in the former Cheers building, which they have rented for the next 12 months.





★ ★ McCalla Avenue ★ ★ ★



# Thanksgiving

## Kitchen's labor of love continues to grow



Helen Ashe, left, shows grandson, Jacoby Yarbro, the art of carving a turkey at Love Kitchen, which serves the first Thanksgiving meal to needy in 1986. Helping prepare are, from left, Irene Ples, Ellen Turner and C. Young. When Love Kitchen's founding sisters Ashe and Turner first prepared Thanksgiving dinner, they fed 100. Today, the sisters and a host of volunteers expect to feed 1,000 for dinner of turkey, dressing and all the trimmings to more than 1,000. Meals will be served from 11 a.m. until 2 p.m. The series will be made to include those who are unable to come to Love Kitchen at 2522 N. Luther King Jr. Ave. Ashe is the Love Kitchen staff board of directors has a be thankful for this year. Gene Monday Fond through United Way, recently donated \$9,000 to be used for the purchase of a delivery van. The local chapter of the national service organization, recently raised \$5,700 for the kitchen. Other donations include \$3,000 from Strauss Cherry Street and \$600 from Levi S. Powell Plant.

Jack Kirkland/News-Sen



# LETTERS

December 25, 1992

## Love Kitchen grateful for support

**Editor, The News-Sentinel:**

Due to community involvement, this 22 Thanksgiving holiday was the most spirited and sharing Thanksgiving we've witnessed since the Love Kitchen opened on Feb. 13, 1986.

We sincerely thank each and every one of you who donated food, money and physical help.

Due to your sharing, we joyfully prepared, delivered and served over 1,100 meals that day.

Also, a sincere thanks to Brother Lou Thompson, David Shirk and Robert Stewart, owners of Radion Station WGN, WBIR-TV Channel 10 and The News-Sentinel.

We gratefully thank God for each of you.

Helen Ashe  
Ellen Turner  
Love Kitchen Inc.  
Knoxville



June 15, 1993

## Love Kitchen: Many are caring

**Editor, The News-Sentinel:**

Love Kitchen has been the recipient of many needed yet unsolicited donations over the years. Not long after moving into our current — and temporary — location, a stranger appeared at the back door. He asked for Helen Ashe. Helen greeted him warmly.

He reached in his pocket and handed Helen several hundred dollars cash. He said that he has experienced hard times and knew about the world of Helen Ashe and Ellen Turner. Recently, he had been more fortunate, and he wanted to share his good fortune with Love Kitchen. Then he left without giving his name.

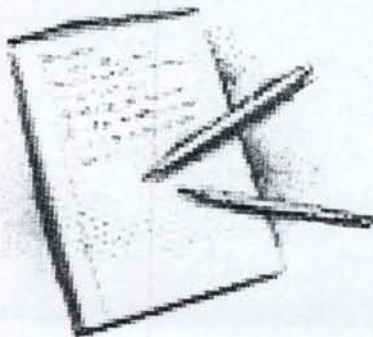
Last week, another unsolicited gift arrived in the mail. A generous gift of \$1,000 came from members of the Wonderland Club Inc. formerly of Elkmont. Helen Ashe, Ellen Turner and all members of the board of Love Kitchen extend

sincere gratitude to President Vernon Moore, Vice President Gerald S. Marshall and Treasurer Dr. Eugene Jer — and all members of the Wonderland Club.

The work of Love Kitchen is possible because of the generosity of the community. A group of young men, real alumni of Fulton High School, formed an organization called Falcons for Food. They raised \$1,044 for Love Kitchen through a flea market. These and gifts are essential to continue our work.

We thank the strangers at our table, the members of the Wonderland Club, the Falcons for Food, and all who generously give time, energy, supplies, equipment and funds without which there could be no Love Kitchen.

Love Kitchen Board Members  
Knoxville





# Making A Difference

## HELEN ASHE AND ELLEN TURNER

FOUNDERS, THE LOVE KITCHEN

*Knoxville's busy urban stew is stirred by people who dedicate themselves to working for the greater good. There are thousands of contributors to the vitality of the city, and an ever-increasing number are women. Metro Pulse sought out Knoxville women in business, government, civic affairs, education, the arts and environmental and social activism. We've picked a dozen from all walks of life who serve the public at large or strive in behalf of causes, either out front or behind the scenes. We present them here to our readers:*

Not even a blizzard could keep Helen Ashe and her twin sister Ellen Turner from feeding Knoxville's hungry. The nor'easter that dumped 17 inches of snow onto our city's streets last March didn't prevent them from opening the doors of their East Knoxville dining hall, where they serve up breakfast every Wednesday, and every Thursday fix up to 900 home-cooked meals (most delivered) for Knoxville's neediest residents—more than half of them elderly.

Opened in 1986 in the basement of the Bethel AME Church in East Knoxville, The Love Kitchen began when Ashe told Turner about a dream she'd had of cooking for and feeding droves of people. (Both retired from careers as nurses at UT Medical Center. "I'd been working since I was eight," says Ashe. "I couldn't see sitting around all day playing 500 Rummy.") The twins, now 65, consulted an assistant pastor at the Church Street United Methodist

Church about getting involved in feeding the city's hungry, and he helped them navigate the administrative details and make Ashe's dream a reality. The Love Kitchen, now in its own building on McCalla Avenue, is planning to move this winter into more spacious digs on Martin Luther King, Jr. Boulevard.

The plight of elderly people in particular touches the sisters' hearts. "There are plenty of programs to help

young children," says Ashe, "but not enough for older people."

"We supplement their diets," adds Turner, "but these people get lonely, too. We encourage our volunteers to take a look around when they deliver meals to see if there might be other services they need."

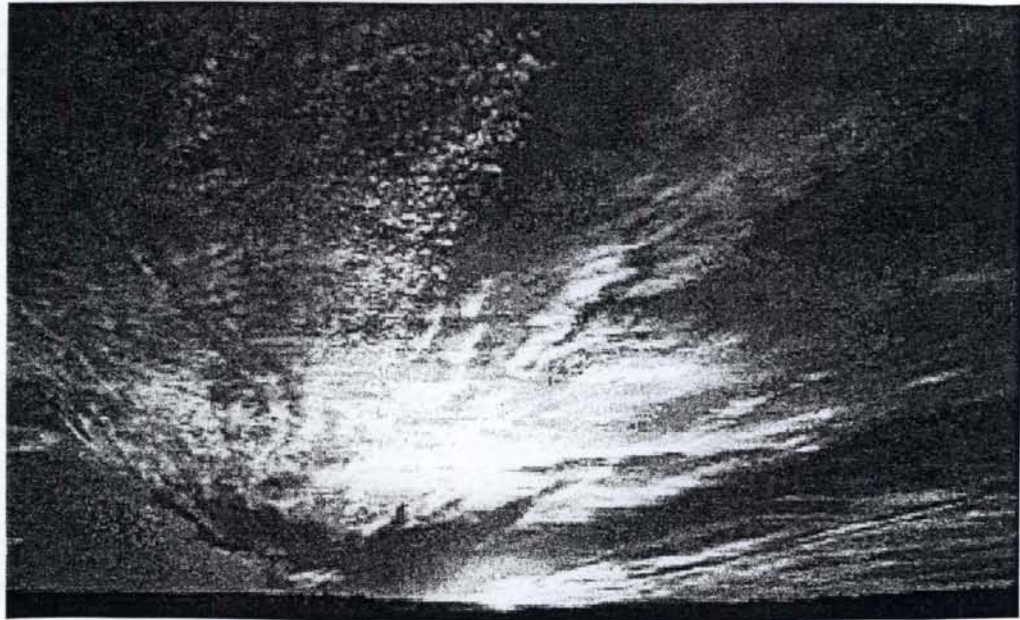


ASHE, TURNER

# Dec. 17, '93



# Awards



1992 - 1993

Eastport Elementary School - Outstanding Service Award

1993

Giraffe Award

City Wide Sertoma Club - Service to Mankind Award

J.C. Penny Corporation - Golden Rule Single Award

J.C. Penny Corporation - Golden Rule Group Award

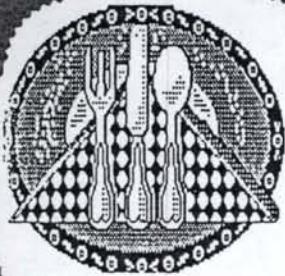
JP Moore Missionary Society - RMB Church - Outstanding  
Service Award

1994

Faces of My People Award

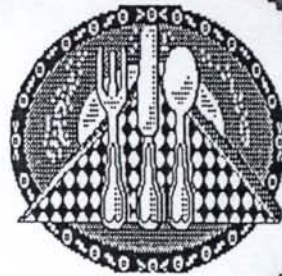
Woodmen of the World Life Insurance Society - Outstanding  
Citizen Award





## Love Kitchen, Inc.

P. O. Box 6839  
Knoxville, Tn. 37914-6839



January 5, 1994

Ms. Carlene V. Malone  
City Councilwoman of Knoxville  
6051 Fountain Road  
Knoxville TN 37918

Dear Ms. Malone:

We at The Love Kitchen wish to thank you sincerely for the support you have rendered in our efforts to feed the hungry in our community. Most recently, we understand, you were instrumental in helping us obtain a sizeable grant to acquire the old Coleman Printing building for a new center of operations, and you have recommended The Love Kitchen for \$1,000 in 202 funds.

Such acts as these make the efforts of The Love Kitchen possible and hasten the day that the dream of Helen and Ellen becomes a reality. We are most grateful.

As The Love Kitchen treasurer, I would like to apply for the \$1,000 in 202 funds and would appreciate very much you help in this effort. Whatever the proper mechanism for making this application, would you call or drop me a note with a suggestion on how to proceed? During business hours, you can reach me at 546-7000; my office address is 2300 Plaza Tower, Knoxville, TN 37929-2300.

I look forward to hearing from you. With kind regards,

Sincerely,

Birt Waite  
Treasurer

P.S. I have taken the liberty of enclosing The Love Kitchen's latest brochure. I find that it truly reflects the spirit and dedication of those twin gals who are such an inspiration to the rest of us.



# Donor to match gifts to Love Kitchen

By Jacquelyn B. Dean  
News-Sentinel staff writer

An anonymous benefactor has offered to match, dollar for dollar up to \$10,000, all contributions to the Love Kitchen during the months of January, February and March.

Board members and supporters of the Love Kitchen are in the midst of a fund-raising campaign to finance the renovation of its future home, the Coleman Building, on Martin Luther King Jr. Avenue. It now is on McCalla Avenue.

Board member Pat Bing, who writes grant proposals for the organization that serves meals to needy and home-bound Knoxville residents, said it was good news to learn of the challenge at the January meeting of the Love Kitchen board.

"When our treasurer made the announcement, board members began taking out their checkbooks," she said.

"We want to make sure the news gets out in the community so that we can get \$10,000 in donations in order to take full advantage of the grant."

The Coleman Building has long been home to a printing company in the heart of East Knoxville's Five Points community. The company will be moving to a new location as soon as construction is completed, and the Love Kitchen will move in as soon as renovations can be made.

Based on cost estimates from the Community Design Center, it will cost about \$80,000 to convert the building to meet the Love Kitchen's needs. The present owners will do some work as part of the terms of the purchase agreement, but much remains to be done, said Bing.

"The building has no kitchen," Bing said. "It will have to be handicap-accessible. Walls and a fire-separation ceiling need to be built. It needs plumbing and electrical work, and it will need to meet all codes. Nothing can be grandfathered in."

Moving to the facility will allow the kitchen to dramatically increase the number of meals it provides the community.

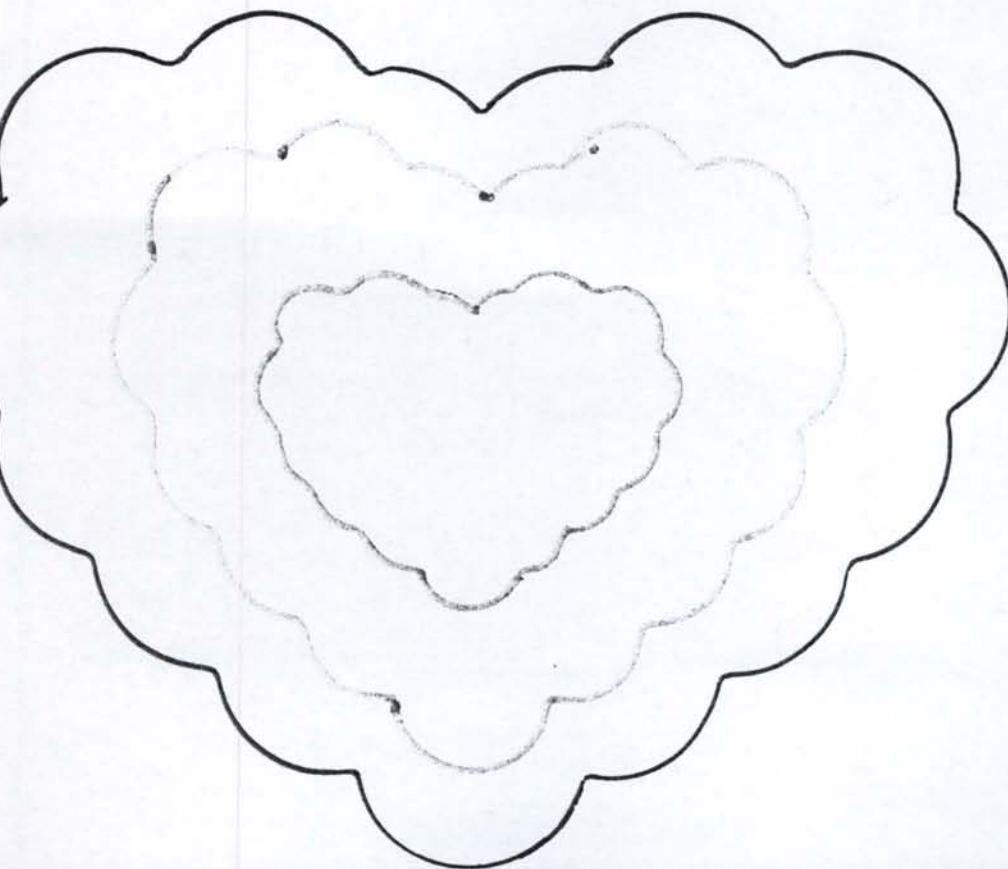
The Love Kitchen was founded by twin sisters Helen Ashe and Ellen Turner in 1986.

Between December 1991 and November 1992, the kitchen served 45,069 meals. For the same period last year, from December 1992 to November 1993, it served 50,868. Since 1986, the Love Kitchen has provided 316,231 meals.

When the kitchen first opened, it only served noon meals on Thursdays both in-house and as carryouts.

Now it also serves breakfast on Wednesday to walk-in recipients.

"People will call and say, 'My neighbor just came home from the hospital. Can you put her on the list?' and they'll receive a hot, home-cooked, very substantial meal," Bing said.



26

29

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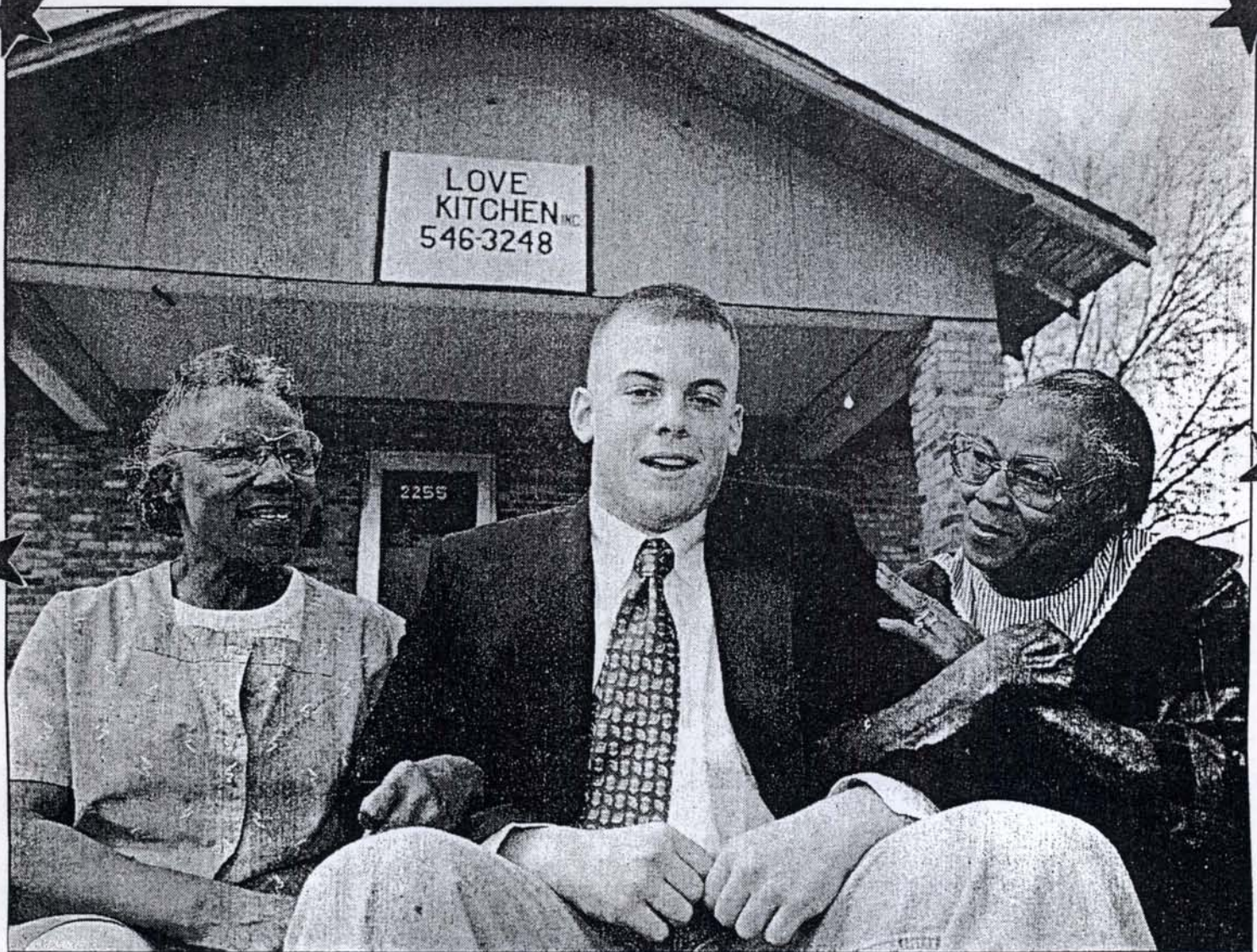
## Grins

■ A look at recent events in the neighborhood that pleased us ...

A **KINDHEARTED** person has agreed to a one match for every dollar donated to the Love Kitchen in January, February and March. The benefactor, who wishes to remain anonymous, as much as \$10,000 to the kitchen as part of a plan to renovate the Coleman Building on Martin Luther King Jr. Avenue, where the operation will relocate this spring.



APRIL 11, 94



Paul Ellrd/News-Sentinel staff

South-Doyle High School student Chad Black, flanked by Love Kitchen founders Ellen Turner, left, and Helen Ashe, is the top News-Sentinel Student Citizen Award winner.

## ★ Volunteer work wins trip to Ireland ★

By Melonee McKinney  
News-Sentinel staff writer

When South-Doyle High School Senior Chad Black decided to do some volunteer work, he never imagined he would get a free trip to Ireland as a reward.

Chad volunteered at the Love Kitchen last summer and made such an impression on founder and director Helen Ashe that she decided to nominate him for The News-Sentinel's Student Citizen Award.

"Chad is a remarkable young man," Ashe said. "You just don't find many young men like him."

Her letter won Chad the highest award, which includes a trip to Ireland with the Parade Magazine Young Columbus '94. He leaves for Dublin on Tuesday.

"There was a phone call," Chad said. "I didn't even know what they were talking about when the told me I had won because I hadn't heard about it. I was really flattered."

"He has a kind heart and will do any chores you ask him to," Ashe said of Chad.

"He is kind to homebound people and sympathetic to all of us senior citizens."

The Love Kitchen is a non-profit organization established in 1986 to serve, as Ashe explained, "... the five H's: the homeless, the hungry, the helpless, the hopeless and the homebound."



# MAY 29, 1994

## Love Kitchen serves hugs, prayers, songs, food to Knox

The Love Kitchen is aptly named. In my first visit, I was fed, sung to and prayed for. I had been doubtful. How could more than 1,000 meals be served each Thursday in that building? Where does the food come from? Who gets it? I was eager to ask questions, but I waited awhile because everyone was so busy.

I got my chance while eating. I received chicken, fried potatoes, spinach, slaw and corn. I hadn't gone to eat. I'm a needy person, but, because I was there, I was fed. While sipping my iced tea, I talked with Helen Ashe, seated next to me. After a few casual questions, I eyed her curiously and asked:

"And what do you get out of it?"

"I thought I saw a tear and immediately regretted my question."

"Harold," she said, "I get this feeling."

"She was going to elaborate, but a retarded boy stopped to talk to her. He said something unintelligible to me, but she answered him as though she understood."

"I was beginning to understand, but it was later, when I helped deliver meals, that I got 'this feeling.'"

"Separately, I asked Helen's sister, Ellen Turner, the same question. She hesitated. It's, uh, it's this feeling, this undefined feeling that I'm doing what God wants me to do. We know there is a need out there and look forward to helping fill it."

"I was Helen who had the dream, literally. Shortly after her dream, in which she was seeing needy people, she saw on television a soup line operated by Church Street United Methodist

Church. In early 1986, the sisters opened The Love Kitchen in the basement of Bethel AME Church, serving 22 meals the first day.

Today, at cramped quarters near Five Points, breakfast is served on Wednesdays, in-house only. On Thursdays, more than 1,000 meals are served, including more than 700 delivered to homebound people.

Some of those who come to eat are homeless, some are retarded, sometimes some are drunk, or close to it.



**HAROLD JULIAN**

"So long as they are not disorderly, we serve them, too," said Helen Ashe. "They are people, too."

She laughs about having the same last name as Knoxville's mayor. When Victor Ashe came to The Love Kitchen to present a community service award, Helen told him, "The only difference is that you were born in the daytime and I was born at night."

Did I mention that the sisters are black? Does it matter?

There are private and corporate contributors. H.T. Hackney donates such items as food in dented cans, a supermarket chain gives bread, and much of the staples come from the SHARE food bank.

I hadn't planned to help deliver meals. Ray Hodges and Blaine Anderson, deacons in my

church, suggested that I might want to see The Love Kitchen on McCalla Avenue. I saw black and white people cooking, serving and filling Styrofoam boxes and cups. I saw happy people crowded into the small building. All became silent when a woman returned thanks, and they joined in on "Love Lifted Me," which my wife was given the honor of leading.

I saw, on Anderson's assigned delivery rounds, grateful people, some pitiful people. I saw a legless man, in bed with his door unlocked awaiting his meal, a young woman in a wheelchair, disabled by muscular dystrophy.

What I saw left me with mixed emotions. I was saddened by the number of suffering and needy people I saw in just one housing unit, yet I shared the

emotions of Helen and Ellen — this feeling, this satisfaction of helping people.

I also shared in the dream of the sisters and the 20 volunteers. A nearby building occupied by Coleman Printing Co. will soon be vacated, and it is hoped that The Love Kitchen can move there. It has two floors of 5,600 square feet.

As helpful as it is, this is basically a one-day-a-week operation. One meal does not ward off hunger later in the same day, much less a full week. Some

people receive a whole lunch on Thursdays with an extra loaf.

It's a start. The already added use of their mission of helping larger quarters means but more help, more contributions will be addressed is P.O. Box 37914; phone, 548-3791.

Do the sisters of feeding more people? I have this feeling.

Harold Julian is a New York columnist and retired

# "Service is the rent that we pay for our room on earth."

## - Lord Halifax



# Concert may be over, but controversy remains

Editor, The News-Sentinel:

A little over a month ago I had what I thought was a pretty good idea. My band had a show coming up at the Mercury Theater, and I thought it would be nice if we used the show to collect food to be given to a charity that helps feed homeless people.

The first charity that came to mind was the Knox Area Rescue Ministries. I called and told the woman who answered the phone what we were going to do. She said it sounded all right, but she would ask Mr. Free and call me back if there was a problem.

I was never called back, and I went ahead with the show (Foodstock '94). I listed the show in the Detours, Showtime and Metro Pulse, and it even got listed in the Daily Beacon's weekend calendar. In addition I posted over 400 fliers on telephone poles around town.

I think it is ridiculous that Mr. Free claims no prior knowledge of this event. It seems strange to me that an organization that exists through the generosity of others is so quick to turn down a donation from someone who doesn't necessarily meet its particular religious or moral criteria.

If we hadn't done the interview that came out in the Detours the day before the show, Mr. Free would never have known what kind of music we play and would never have said a word about it to the media.

At any rate, it seems to me that the object here is to feed people who can't feed themselves and the last I heard, you can't eat religion. Well, and I gave the food to the Love Kitchen people. They were glad to have it.

Mark Shetterly  
Singer, "Fat Bastard"  
Knoxville

September 21  
1994

Editor, The News-Sentinel:

I was shocked to read that a porn band was holding a charity event to gather food for the Knox Area Rescue Ministries. Upon contacting the ministries, I was told that they were just as shocked.

Apparently this porn band, "Fat Bastard," decided this was a way to earn a little free publicity by being so charitable as to ask people coming to their concert to donate a food item. Why else would The News-Sentinel report on such a group.

Your article stated that even though this was a charity event, the audience should expect to hear songs about "bestiality, sodomy, and all the sick, twisted parts of life." I happen to know that the Knox Area Rescue Ministries tries its best to help victims of the "sick, twisted parts of life."

I think you owe them an apology, as they in no way endorsed this concert. I personally think the food items donated would leave a bad taste in anyone's mouth.

Mitzi M. Carpenter  
P

Editor, The News-Sentinel:

This is in response to the letters by Monroe Free of the Knox Area Rescue Ministries and Patricia F. Schmitt of Clinton.

Ms. Schmitt in her letter salutes the efforts of Monroe Free in disassociating the ministries with the charitable efforts of the group, "Fat Bastard," of which I am a member.

Ms. Schmitt states that "it is refreshing and reassuring when Christians stand up for what is right." What about the Christian concept of charity?

Did Jesus Christ himself not dine with thieves and whores? Would hungry men question the source of food given to them by a charitable person or persons?

Mr. Free stated that his ministries knew nothing about the band we organized. However, that is either a lie or a lack of communication within his ministry. They were indeed contacted by the band prior to the benefit and told of our intentions.

Mr. Free's ministries are doing a great disservice to those members of our community who are in need by placing more importance on their own self-image than on the basic goal of the ministries, feeding those in need.

Rick G  
Kno





# Love Kitchen receives grant of \$5,000

By Jacquelyn B. Dean  
News-Sentinel staff writer

The Love Kitchen, a soup kitchen ministry, has received a \$5,000 grant from the state Legislature.

"The Love Kitchen and its volunteers have worked hard through the years to ensure that some of our senior citizens and the less fortunate in the community have been able to get a balanced meal at least once a week," said Rep. Joe Armstrong.

The unrestricted funds may be used for food purchases and other expenses or may be applied toward the cost of renovating the recently acquired Coleman Building, the future home of the Love Kitchen.

Scott Evans, a member of the board, said the grant is "most graciously appreciated."

The soup kitchen ministry founded in 1986 by twins Helen Ashe and Ellen Turner has grown each year in terms of the number of people served and the number of volunteers who help prepare and deliver meals.

A local couple, Rodney and Joan Scott, found they could help support the Love Kitchen with funds from their employers.

Together, they donated \$3,500.

Joan Scott, an agent for Modern Woodmen of America, said she was approached by an advisory board member of the Love Kitchen who knew of the company's policy of making matching grants to worthy causes.

"I met with Helen (Ashe) and found out what they do, and I was so impressed and inspired by them that I was pleased to make a contribution," she said.

Rodney Scott, an account customer engineer for IBM, accompanied her on the visit to the Love Kitchen.

"I was really impressed with those two ladies who do the Love Kitchen. It dawned on me that IBM has funds that we could get for them, if we're involved in a project.

"I worked with them on a garage and T-shirt sale, and that made it possible to get some community action funds for them," he said.

Said Armstrong, "We need more Helens and Ellens and more soup kitchens. We hope they will eventually be able to operate seven days a week."

*"The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'"*

*- Matthew 25: 40*

## October 31

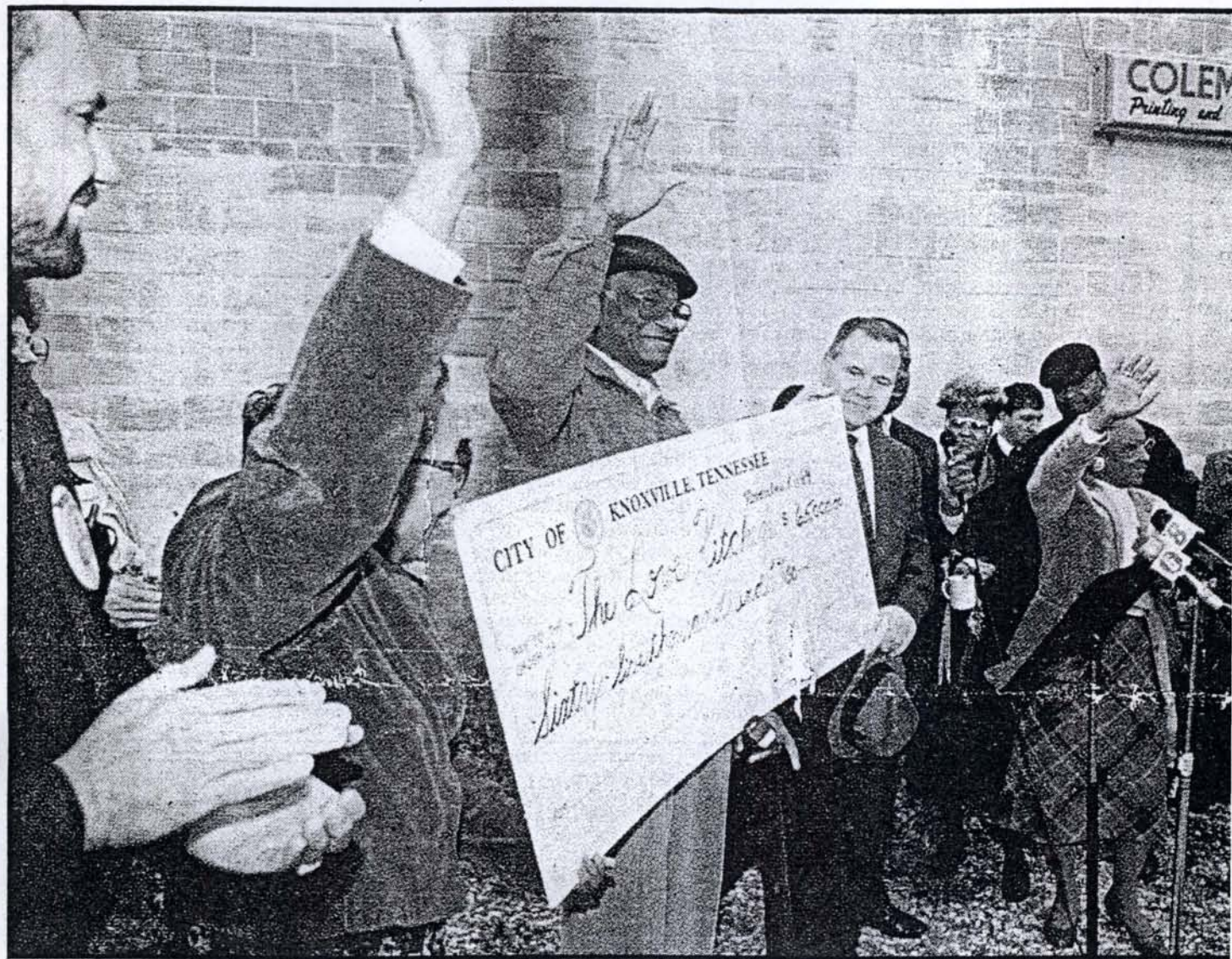
### Love Kitchen to dedicate new site

The Love Kitchen will hold a dedication ceremony at the site of its new location, the Coleman Building on Martin Luther King Jr. Avenue at 9 a.m. Tuesday to kick off renovation and improvements to the building. Love Kitchen founders Helen Ashe and Ellen Turner will be joined by Mayor Victor Ashe and other city officials, members of the board, volunteers and clients for the celebration.

When the work is completed, the Love Kitchen will be able to offer expanded services to the elderly and to needy families in the community. A \$65,000 grant from the city was applied to the purchase of the building.



# Love Kitchen — it's really cooking



Clay Owen/News-Sentinel

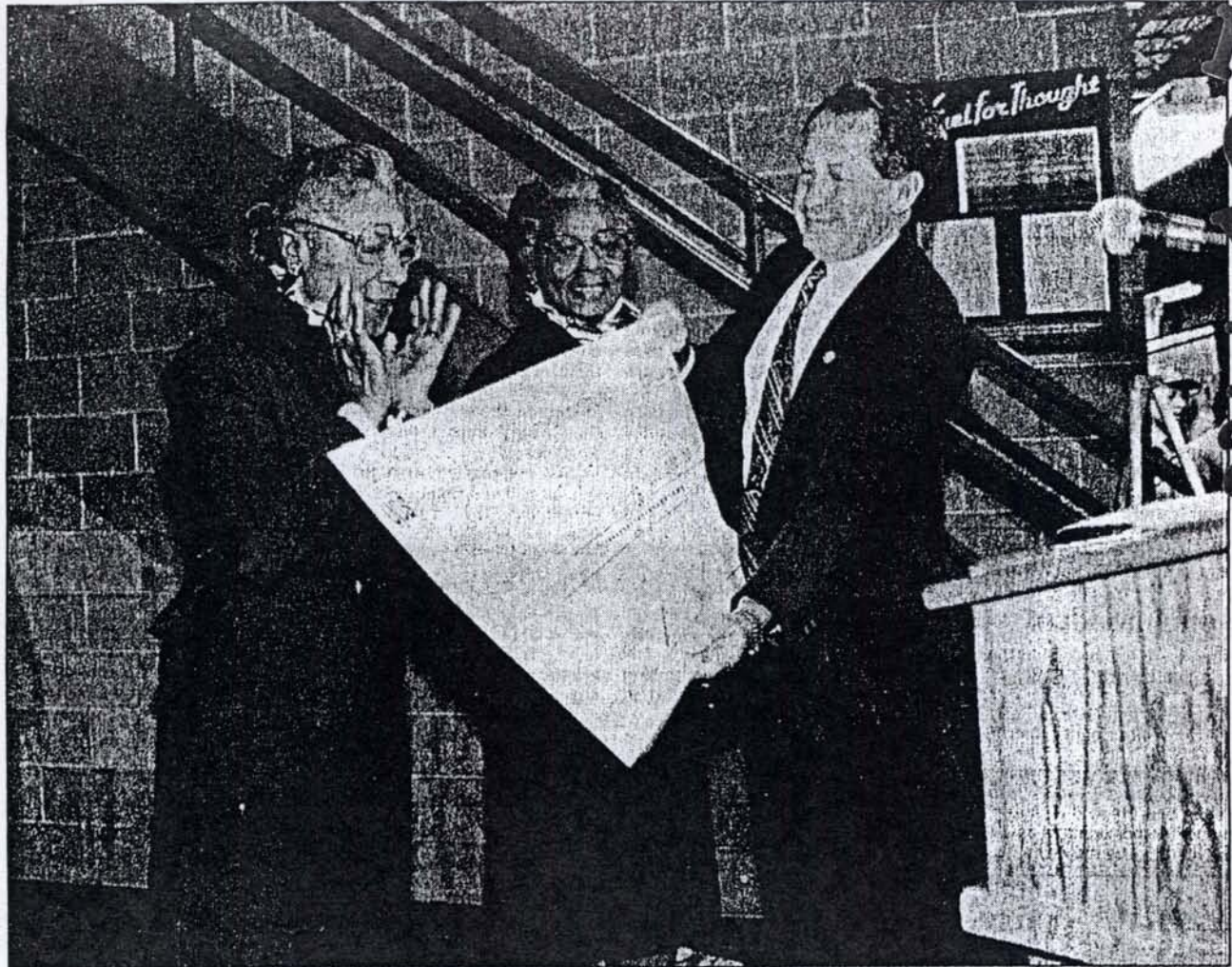
State Rep. Joe Armstrong, left, watches as the Love Kitchen's Ellen Turner, Ed Howard, Bill Ray and Helen Ashe accept a check from the city of Knoxville during the dedication ceremony Tuesday for the Love Kitchen's new

location at 2418 Martin Luther King Jr. Ave. A \$10,000 check was approved Oct. 25 by the Knoxville City Council to help the organization with its new location as well as help provide clothing and job-search assistance.

## NOVEMBER 2



# UPS delivers to Love Kitchen



Paul Efrd/News-Sentinel staff  
Founders of the Love Kitchen, Ellen Turner, left, and Helen Ashe, accept a check Friday for \$100,000 from Floyd Honts, East Tennessee district manager for United Parcel Service.

## \$100,000 grant expected to have 'profound impact'

By Jacquelyn Brown  
News-Sentinel staff writer

Thursday at the Love Kitchen, a volunteer noticed that one gentleman who came to eat lunch made several requests for additional servings. He left and returned and asked to be served again.

When the volunteer brought this to the attention of Helen Ashe, one of the co-founders of the Love Kitchen, she said, "As long as they're hungry, we'll feed them."

For eight years, that has been the philosophy of the Love Kitchen, and it paid off Friday when the kitchen received a \$100,000 grant from the UPS Foundation.

"The Love Kitchen is an example of what is right and what works in our community," said Robert Witcher, a United Parcel Service manager.

"This grant will have a profound impact on the lives of less fortunate individuals. The employees of the East Tennessee district are glad to help."

The organization also recently received \$46,000 from Levi Strauss and Co. and \$65,000

from the city of Knoxville, for a total of \$217,000. The UPS grant to the Love Kitchen is part of a nationwide program called the regional district grant program that was begun in 1984, reflecting a corporate policy of giving back to the community.

More than \$2.5 million will be given to help meet urgent community needs, said Witcher. In all, the company gives \$12 million to organizations that are involved in education, especially adult literacy, and feeding programs.

Friday, when the grant award was officially announced at UPS headquarters on Callahan Road, the morning shift of employees joined Mayor Victor Ashe and other elected officials, the board and volunteers from the Love Kitchen to watch a video that helped tell the Love Kitchen story.

An outreach ministry that serves the elderly, homebound, homeless and families down on their luck, the Love Kitchen has been open every week since it began operation in 1986.

Helen Ashe and her twin and co-founder, Ellen Turner, command a team of volunteers who help dispense hot cooked meals, emer-

gency food baskets, clothing and other necessities to those in need.

Each Wednesday, they serve breakfast in a 1,300-square-foot space that is crammed with tables and chairs, boxes of staples and supplies, clients and volunteers. When breakfast is over, they begin preparations for the 1,200 meals that will be served Thursday, 900 of which are delivered to homebound individuals throughout Knox County.

The frugal sisters manage to do it all at an average of 73 cents a meal.

"With this grant, there will be an expansion of services to our community," Helen Ashe said. "We see a great need out there."

The money will be used to help renovate and purchase equipment for a move into the 11,000-square-foot Coleman Building on Martin Luther King Avenue, the future home of the Love Kitchen.

Dave Edens, a district training manager who chaired the selection committee that nominated the organization for the competitive grant, said, "It's a miracle what they get done. The timing was God's timing. You can't help but love them."



# Farmers' Market to benefit the Love Kitchen

Pre-Thanksgiving activities at the Knox County Regional Farmers' Market Friday, Saturday and Sunday will benefit the Love Kitchen, a local soup kitchen ministry.

Activities begin at 2 p.m. Friday. There will be holiday craft and decoration classes and gift items on display. Saturday festivities

begin at 10 a.m. and will include food demonstrations and a BMW/Porsche car show. Conducting sessions will be local cooks and authors Grace Hao, David Duncan, Ann Dooley, Deborah Walker Vincent, Vicki Baumgartner and Walter and Anne Lambert.

Margaret Hodge of The Golden Apple Res-

taurant, Charleston, will open Sunday sessions at 1:30 p.m. and Paul Campbell will demonstrate Cajun cooking. Cindy Joseph and Jay Walkin' will present New Orleans style jazz and blues, and the car show will continue. For information, call market manager Kevin Hosey, 524-FARM.

## COOKING WITH LOVE NOV 18-19-20

### Benefit for "The Love Kitchen"

AT the FARMER'S MARKET - Exit #8 off I-640

#### FRIDAY, NOV. 18TH

2PM - Judy Groce, Knox Co. Ag. Ext. Service

"Gift Ideas for the Holidays"

4PM - Tootsie Neely & Elaine Mason - "Centerpieces"

#### SATURDAY, NOV. 19TH -

BMW/ Porsche Car Show In Farmers' Truck Shed

ALL PROCEEDS BENEFIT THE LOVE KITCHEN

10 am - 11 Vicki Baumgartner - The Village Cafeteria

"Fall Dishes with Acorn Squash & Easy Apple Pies"

11:15-12:30 - Grace Hao - Holiday Chinese Cooking

"Demonstration - Chinese Dumplings & Stir Fry"

1pm-1:45 - Deborah Walker-Vincent - 'Easy Pasta recipes for the hectic holidays'.

2PM CookBook Auction to benefit the LOVE KITCHEN, conducted by Thompson Realty & Action.

Cookbooks signed and donated by:

Louise Durman - Knox News Sentinel // Grace Hao - Chinese

Cooking with Grace // Walter & Anne Lambert - Cooking w/ the

Noonday Chef, Vol II // Cooking w/ David Duncan & David

Duncan's Holiday Classics // Deborah Walker Vincent's cookbook

"Feast or Famine, Culinary Survival Guide".

3-4:30pm Walter & Anne Lambert - Easy Holiday Treats

#### SUNDAY, NOV. 20 -

BMW/ Porsche Car Show In Farmers' Truck Shed

ALL PROCEEDS BENEFIT THE LOVE KITCHEN

1:30-2:30 Margaret Hodge

The Golden Apple Restaurant

Charleston, TN "Healthy Holiday Ideas"

2:45-3:45 Paul Campbell, well known local cook

"Cajun Cooking for the Holidays"

4 -5:30 New Orleans style Jazz -

Blues w/ Cindy Joseph and "Jay-Walkin" band.

SHOP THE MARKET FOR THE BEST SELECTION OF HOLIDAY  
GIFT BASKETS, TREATS, HAND-MADE CRAFTS AND UNIQUE ITEMS  
FOR THE HOLIDAY SEASON --

THIS IS SUCH A WORTHY CAUSE & the hard-working Ladies at the Love Kitchen \*\* Helen Ashe, Ellen Turner \*\*\* & the many volunteers are the Most Appreciative People You'll ever meet. PLEASE JOIN US! Thank You.





# Thanksgiving



**TELL SOMEONE IN NEED THAT EVERYBODY IS  
GOD'S SOMEBODY AND THAT THE LOVE  
KITCHEN WILL BE SERVING A FREE  
THANKSGIVING MEAL ON THURSDAY,  
NOVEMBER 24th FROM  
11:00 AM-2:00 PM at  
THE LOVE KITCHEN  
2255 Martin Luther King  
Ave.  
546-3248**

**THE  
LOVE  
KITCHEN  
WOULD LIKE  
TO THANK THE  
FOLLOWING  
INDIVIDUALS WHO  
GAVE TO THE FALCONS  
FOR FOOD FUNDRAISING  
DRIVE TO HELP MAKE THIS  
THANKSGIVING MEAL  
POSSIBLE FOR THOSE IN NEED.**

Troy Anderson  
Jeff Grubb  
Jeff Hatcher  
John Ley  
Hunter Newbill  
Todd Rinker

Rodney Snow IV  
Justin Titcomb  
Andrew Schaeffer  
Andy Kessler  
Scott Arthur  
Phyllis Schmidt  
Eric Ostermeier  
Joe Bailey  
Sandy Record  
Jerry Davault  
Amy Abbas  
Vernell Bonn  
Debra Benton  
Claudia Bost  
Georgia Best  
Cory Brabson

Blaw, Dean Braden  
Sabira, Braden  
Anthony Bell  
Jason Vance  
Eugene Brown  
Karlene Brown  
Carrie Buckner  
Misty Buckner  
George Burgess  
Sylvia E. Busby  
Berna E. Campbell  
Daniel Carter  
Linda Clark  
The Clemmons Family  
Mavis Conrad  
Susan Covington  
Stacy Hambro  
Janet Harbin  
Ollivie Cowan  
John Courter  
Laurette Crapen  
Chris Crum  
Sandy Crum  
Paula Cowenport  
Audrey Davis  
Brittney Davis

Tre Davis  
Cynthia Davis  
Linda Davis  
Sandra Davis  
Stanley Heaster  
Holly Hicks  
Christy Holloway  
Nedine Holloway  
Vivki Hopkins  
Elronn Harne  
Gary Huffaker  
Marion E. Huffman  
Darryl Humphrey  
Ginger Humphrey  
Colvin Idol  
Lois Johnson  
Mildred Johnson  
Deborah Jones  
Pam Jones  
Chris Jones  
Billy Jones  
Alice Kiggins  
Annette Kirkland  
Trent O. Layman  
Sandy Lawson  
Judy Lee  
David Lee  
Jessie Lewis  
Jim Liles  
Dale Liles  
Kenny Maples  
Pat Smith  
Phyllis McDermott  
Lynn Meredith  
Faye Abbes  
Mufonis Munsay

Femi Pankey  
Linda Price-Lawley  
Michael Steven  
Ludford  
Steve Lodman  
Diana Ledman  
Dr. Anand Malik  
Judy Martin  
Roberta Martin  
R.C. Matthews  
Mr. Sandman  
Nakoda Sanford &  
Tawna  
Roy Satterwhite  
Gussie Sellers  
Fawn Shea  
Randall Shirley  
Gina Shelley  
Robert Sheppard  
Ken Sidikman  
Kelly Sidikman  
Steve Simpson  
Marcie Singleton  
Amanda Ray Smith  
Krystal Stephens  
Ashley Stephens  
Margaret Sutton  
Chia Tarver  
Tami Tarver  
Scott Taylor  
Gean Taylor  
Sasha Thayer  
Courtney Thayer  
Jacob Thomas  
Carl Thomas  
Mike Tipton  
Louise Tipton  
Robin Turner  
Tracy Turner  
James Walker  
Lisa Walker  
Brenda Wallis  
Lessa Ward  
Lacell White  
David Whitehead

K.M. Williams  
Paralops Willis  
Ishia Womble  
Joe Woods  
Mrs. Doris Wright  
Cecilia Dragg  
James Evans  
Stephanie Varnen  
Richard Edwards  
Larry Etherton  
Linda Ewald  
Caitleen Fitzpatrick  
A Farmer Fulton  
Student  
The Franklins  
Steen Garner  
Dobir Geos  
Elizabeth Abbee  
Adriana Garib  
Fannie Griffin  
Julia Gordon  
Joe Green  
Steve Mays  
Dabba O. Mays  
Vivian Mills  
Zoe A. Moore  
Tom Morgan  
Ben Morris  
Robby Morris  
Jane New  
Jac ne Ronquist  
Joe Abbas  
Margaret Parks  
Brenda Parson  
Tom Parson  
Kelly Pilkerton  
Chad Privette  
Linda Raby  
Roberts Ragland  
Pat Richards  
Nancy L. Reese  
Eddie Roberts  
Timothy Rogers  
Sam Abbas  
April Bean  
Gilbert Washington  
Billy Jo Dublerly  
Shirley Donaldson  
Mr. & Mrs. Drew  
Thornton  
Aita Shippey  
J.M. Lindsey  
Jewel Ashbury  
Lee Dorchfield

Evelyn Groose  
Ruth Kenny  
Ida Shelby  
E. Groves  
Althea Wilkey  
Ana C. Stragell  
Nell Lane  
Gladys Germany  
Patsy C. Jourden  
Earlene Staples  
Grace Sampson  
Sandy Record  
Bertha Wells  
Margaret Wallis  
Lucille Boyd  
Margaret Jeffries  
Ruth Maher  
Mary Maples  
Polly Albright  
Evelyn McCullah  
Prada Mann  
Bobby Carwood  
Vera Carter  
Ruth Cox  
Dorrie Mewman  
Doug Campbell  
Leurle Campbell  
Zack Best  
Josh Barrett  
Baack Smith  
Mazel Gamble  
Jay Brown  
David Spive  
Ashley Young  
Phil Young  
Justin Ray  
Jason King  
Ashley Best  
Ron Barrett  
Valecia Barnett  
Jessica Miller  
Paul Sugg  
Roy Niccaud  
Azzin Womack  
Nie Niccaud  
Patsy Niccaud  
Virginia Anderson  
Gawery Cockrell  
Emma Shields  
Kathy Williams  
Robert Barrett  
Kathy Niccaud  
Annie Niccaud  
Johnathon Clabough  
Janiffer Joseph  
Jessica Brown  
Johnnie Hawkins  
Col. R. McDonald Gray  
James Worden

Alma Hall  
Linda Worden  
Carl F. Hays  
Phyllis Massey  
Allene Gray  
Eliza Huskey  
Jean K. Lacey  
Farrist W. Lacey  
Annette Kuvac  
Randy Jones  
Alice Jones  
Virginia Atkins  
Mrs. Edward A.  
Simmons  
John Warding  
Mrs. Dixie Miller  
Jeffrey Sternos  
Tina Starnes  
Cathy Owens  
Vivian Jernigan  
Donald Grimes  
Margaret Linginfelter  
John Johnson  
Patsy Lowery  
Mr. Billingsley  
Robert Roberts  
Somie Moore  
Millicent Seckott  
Mary Horton  
Paul Holt  
Naomi Womble  
Ted Hurst  
Dallas Crider  
Paul Hendley  
Gene Lewis  
Jessica Miller  
Bob Vitheton, Jr.  
Stephanie Schwallers  
Kathy Odum  
Oon Puckett  
Margo Puckett  
Ernie McCorkay  
Paul McCorkay  
Karee Gish  
Steven Gish  
Mike LaCasse  
Melanie Gish  
Brenda Thomas  
Lonnal Sankey  
Rose Clark  
Teresa Cox  
David Cardwell  
Kitty Hatcher  
Cindy Wolfe  
David Ogle  
Robin Daniels  
K. Beth Thomas  
Sara Elizabeth McHenry

Ray Clifton  
Hilda Harris  
Joshua Johnson  
Carrie Thatcher  
R.T. Snowden  
Rob Broom  
June Broom  
Misty McGowan  
Doris Collins  
Linda Koonz  
Deborah Benning  
Lekia Benning  
Matthew Benning  
Christine McClure  
Sharon Dalton  
Michael Sanders  
Charles Payne  
Latoya Lee  
Sanya Lee  
Keriel Lee  
Rick Atkins  
Kathy Atkins  
Rita Pearson  
Carolyn Fairfax  
Kathy Pierce  
Camille Pierce  
Stanley Thompson  
Ernest Thompson  
Leroy Rutz  
Lisa White  
Edna Jones  
Annette Hall  
Alan Kuerstly  
Kathleen Johnson  
Reagan McClure  
Dorise Jones  
Indie Jackson  
Harriet Foster  
Spencer Foster  
Remonda Robinson  
Tiffany Foster  
Candace Foster  
Dorise Self  
Steve Pursiful  
Lisa Self  
Sharon Maltch  
Daniel Byers  
Michael Maltch  
Todd Byers  
Tanner Byers  
Kim Byers  
Bicky Self  
Jay Dalton-Wyke  
Janika Dalton-Blyk  
Margaret Ammons  
Charlotte Hickman  
Janie Hickway  
Ray Abbas



1994

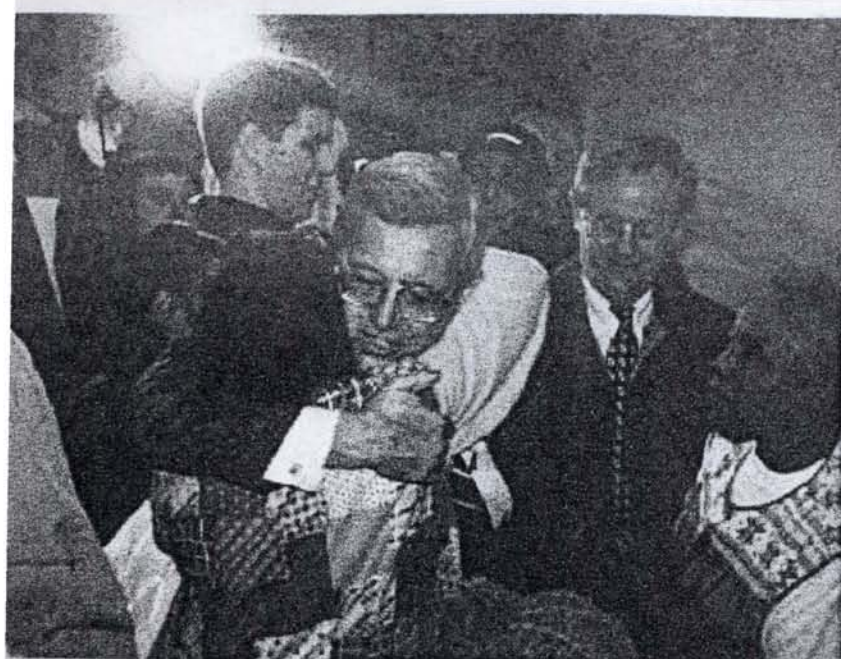
# Thanksgiving dinner served



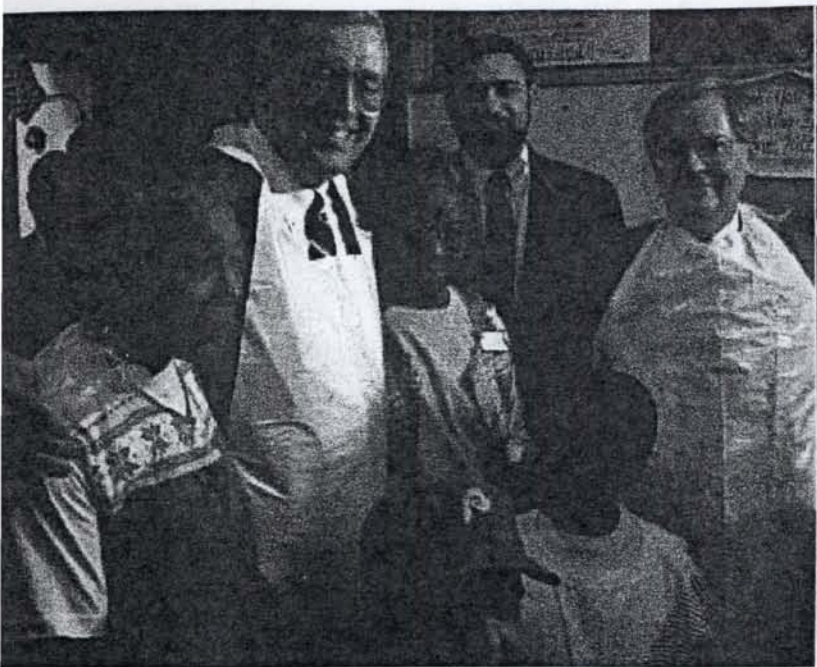
Ellen Turner, manager of the Love Kitchen, takes a break from cooking Thanksgiving meals for the needy to hug old friend Eddie Gibson, who stopped by Thursday to visit. Love Kitchen was one of many charities feeding the needy.

Andrew Cutraro/News-Sentinel staff









Knoxville Mayor Victor Ashe, Gov.-elect Don Sundquist and Ellen Turner, from left, serve lunch at the Love Kitchen in East Knoxville on Thursday. Sundquist was in Knoxville kicking off more than two weeks of inaugural events.

J. Miles Cary/News-Sentinel staff

January

199



March 11, 1995

# Codes problems are delaying new home for Love Kitchen

## Construction won't be started for another four or five weeks

By Jacquelyn Brown  
News-Sentinel staff writer

Renovations to the Love Kitchen's new building on Dr. Martin Luther King Jr. Avenue have been delayed to correct codes-related problems that were holding up construction.

However, commercial consultant Marilyn Haga said she already has received commitments for commercial kitchen equipment for the kitchen, and it will be delivered as soon as possible.

"The architect said it's going to be another four or five weeks before they can start construction," said Helen Ashe, one of the twins who started the Love Kitchen more than eight years ago.

The Coleman Building formerly housed a printing company that moved to a new facility.

The building was acquired with city funds, and corporate contributions will pay for renovations for the Love Kitchen.

The location and size appeared to be ideal for the sisters' ministry to the homeless, homebound and needy. It is near the center of the population it serves, and the dining area will accommodate 96 people — a vast improvement over the cramped quarters where the sisters and their volunteers currently prepare and serve meals each week.

A new roof and guttering prevented further damage from leaking water.

But architect Charlie Guthrie

of Community Tectonics said the first set of drawings were not done to scale, and "we had to spend time ... making measurements."

"I'm the only one working on the plans, and I'm having to do the architecture and everything."

Guthrie said he had a preliminary meeting with city codes officials, and there will be a review of revisions within two to three weeks.

They noted the location of air-conditioning and kitchen ducts, and the cement floor will have to be jackhammered to install plumbing and electrical lines, Guthrie said.

Ashe said a new blueprint made changes in the placement of rooms. She said the changes must be made before the contractor can get a permit for renovation.

Bill Ray, a lawyer and a Love Kitchen board member, said, "The problem is turning an old building used by a printing company since the 1940s into a modern cooking and dining facility. That requires extensive renovations."

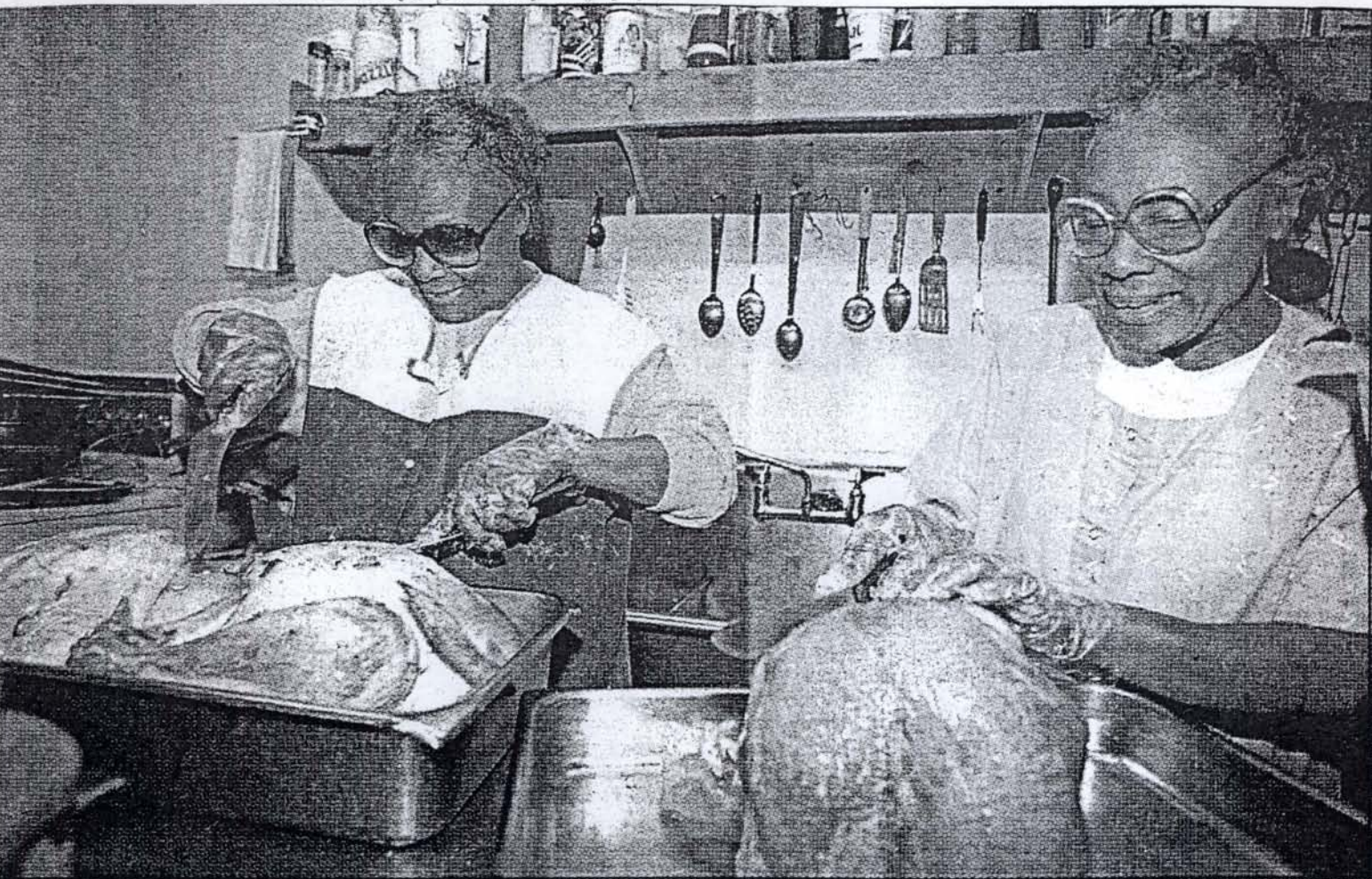
Ray said the move was achieved with donations of time, money, equipment and services.

"A big part of the delay is that we depend a lot on the good graces of people who donate their time," Ray said. "We're getting multi-thousand dollars of donated services, and we don't have a central clearing office to organize and get things done."



Thanksgiving 1995

Nov 1995



Byron E. Small/News-Sentinel staff

Helen Ashe, left, and Ellen Turner prepare Thanksgiving dinners for the needy today. Ellen Turner is slicing a turkey from Alabama Gov. Fob James, who lost a bet with Tennessee Gov. Sundquist over the Tennessee-Alabama football game.

# Bama bird

## Governor's winning wager benefits hungry

by Jacquelyn Brown  
News-Sentinel staff writer

Leading up to the Oct. 14 University of Tennessee victory over the University of Alabama, the slogan of the season was "eat Bama."

Today, however, at least some of the Love Kitchen's clientele will get a chance "eat Bama" — turkey, that is.

The Volunteer-Crimson Tide football competition had reached such a fever pitch at even Gov. Fob James of Alabama and Gov. Don Sundquist of Tennessee jumped into the fray with a good-natured wager about the outcome of the game.

Sundquist said he was sure UT would win — so sure, in fact, that he offered to send Alabama one of Tennessee's finest turkeys if the team lost.

James, himself no stranger to strutting

*Helen Ashe, who runs The Love Kitchen along with her sister, Ellen Turner, said the frozen turkey arrived on Nov. 15. 'It was an honor for the governor to think of The Love Kitchen,' said Ashe.*

turkeys, allowed that he would send Sundquist and his family one of Alabama's finest in the unlikely event that Alabama should lose.

The rest is history.

Alabama went down to ignominious defeat 41-14.

James sent a smoked turkey for Tennessee's first family.

Sundquist donated it to The Love Kitchen in Knoxville, whose motto is, "Everybody is God's Somebody."

Helen Ashe, who runs The Love Kitchen along with her sister, Ellen Turner, said the frozen turkey arrived by United Parcel Service on Nov. 15.

"It was an honor for the governor to think of The Love Kitchen," said Ashe.

She said the turkey, weighing 16-17 pounds, was sliced in preparation for today's Thanksgiving meal.

The Love Kitchen has been in operation for nine years, serving the elderly, homebound, homeless and families down on their luck. An estimated 1,200 meals will be served today.

As Ashe is fond of saying, "As long as they're hungry, we'll feed them."



Make a lasting  
impression.

**THE LOVE  
KITCHEN**

1996 Awards

Willie G. Simpson Laymens Award  
Good as Gold Award

**THE LOVE KITCHEN NEEDS YOUR HELP**



HELEN ASHE AND ELLEN TURNER

**"EVERYBODY IS GOD'S SOMEBODY"**

Please help us serve the needy and less fortunate by making a cash donation to our special building fund for completion of the new center at 2418 Martin Luther King, Jr. Ave. Come by and see our progress.

All contributions will receive a receipt  
for tax purposes.

This ad paid for by an anonymous donor

Helen and Ellen began Love Kitchen with a hope and a dream in 1986. That hope and dream, through the generous help and donations of many people, is nearing a major goal: the completion of the New Love Kitchen building. They are urgently in need of your help in order to complete the building on time. Won't you please help with your contribution.

I AM CONTRIBUTING  
to the completion of the  
Love Kitchen's New  
Building by my enclosed  
gift of \$ \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
The Love Kitchen  
P.O. Box 6839  
Knoxville, Tn  
37914-6839



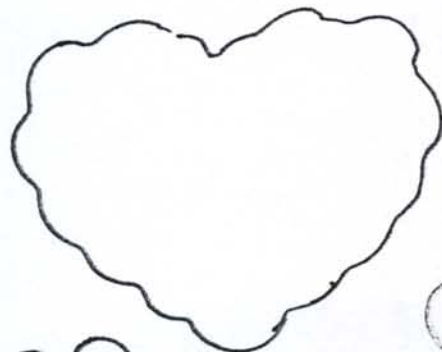
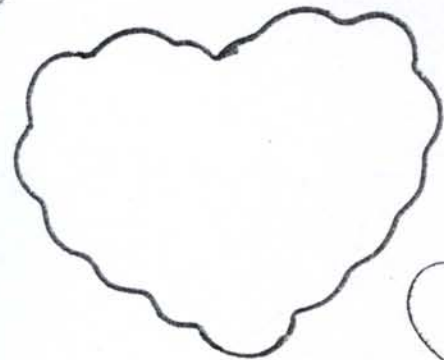
LOVE KITCHEN, INC.



*The Sisters' Dream*

OPEN HOUSE  
AND  
DEDICATION CEREMONY

Monday, January 15, 1996  
2418 Martin Luther King Jr. Avenue  
Knoxville, Tennessee 37915  
2:00 p.m.







Margaret Bentlage/News-Sentinel staff

in sisters Ellen Turner, left, and Helen Ashe have been operating the Love Kitchen since 1986.

## Love Kitchen's founders get surprise \$10,000 gift

Brian Courtney

Staff writer

Love Kitchen founders and operators Helen Ashe and Ellen Turner received a big check and some well-deserved respect Wednesday in New York City.

When the twin sisters jetted to The Big Apple to tape an episode of the Sally Jesse Raphael show, they had no idea they'd be returning with a \$10,000 check from Publishers Clearing House Prize Patrol.

Ashe and Turner were told the show, which airs at 3 p.m. Friday, April 26, on WBIR Channel 10, was about Good Samaritans. In reality, it was about people who have won lotteries, and they were about to join the winner's circle.

"I've never been so happy in my life," Helen Ashe said in a phone interview after the show's taping.

In addition to the check for \$10,000, Publishers Clearing House Prize Patrol Division head Dave Sayer presented the pair with one of 10 "Good As Gold" awards. The awards recognize outstanding community volunteers from across America.

"This is the greatest surprise of our lives, and I'll tell ya, it came right on time," she added.

The two plan to use the money to help finish renovating The Love Kitchen's new facility on Martin Luther King Jr. Avenue. Ashe said they have to be out of their present location, a two-room house on McCalla Avenue, by the end of the month and will be moving into the new building whether it's ready or not.

Dave Sayer, head of Publishers Clearing House Prize Patrol Division, said that while the company regularly awards money to charitable causes, they wanted to do more.

"We wanted to do something that recognizes the many people out there who are single-handedly making a difference," he said.

Ashe and Turner started the Love Kitchen in 1986 in the basement of a church to help feed Knoxville's elderly, homebound and homeless.

"I'm still numb," Ashe said. "When I get back to Knoxville, everybody's going to have to pinch me to wake me up."

**CONGRATULATIONS** to two Knoxville sisters Helen Ashe and Ellen Turner who have received a "Good as Gold" award from Publishers Clearing House Prize Patrol. The sisters went to New York City for a guest appearance on the Sally Jesse Raphael show and got the tables turned on them. They thought the show was about Good Samaritans, but it turned out to be about people who have won things — and, in addition to the award, they had won a \$10,000 check from the Publishers Clearing House Prize Patrol. The sisters, who founded and operate Love Kitchen, said they will use the money to help finish renovating the new facility on Martin Luther King Jr. Avenue. Love Kitchen helps feed Knoxville's elderly, homebound and homeless. The show will air at 3 p.m. Friday, April 26, on WBIR, Channel 10.

April 1996



# Loving rewards

## Twin sisters to be honored at July 6 banquet

By Ed Marcum  
and Lolly Bowean

Staff writers

Ellen Turner and Helen Ashe have received many honors and awards for their work with the Love Kitchen, but members of an East Knoxville church say it's time they receive recognition specifically from Knoxville's black community.

That's one reason the Mattie E. Coleman Memorial C.M.E. Church has picked the twin sisters to be the honorees at the Willie G. Simpson Layman Ban-

quet, which takes place at 6 p.m. Saturday, July 6, at the East Side YMCA, 3124 Wilson Ave.

"I don't recall a time that the black community has come together to recognize them," said the Rev. S. Manfred Isom, pastor of the church.

Congregations from other black churches are expected to join in the event, Isom said. Also, a number of local dignitaries are expected to speak, including Knoxville Mayor Victor Ashe and state Rep. Joe Armstrong, D-Knoxville.

Dr. Calvin Bailey, pastor of Fifth Avenue Baptist Church,

where the sisters attend, has also been invited, as well as Phil Bowen of the board of directors of the Love Kitchen. Soloist Wilma Bradson will perform.

Helen Ashe and Turner, who had both operated a restaurant for years before becoming nurses, started the Love Kitchen in 1986 in the basement of Bethel AME Church on Parkview Avenue. The Love Kitchen provides more than 1,000 meals for the hungry every Wednesday and Thursday. They recently moved into a new building at 2418 Martin Luther King Jr. Ave.

The banquet, which is named

after the church layman, is the first the Mattie E. Coleman church has had in four years. Simpson worked with other black churches in Knoxville in order to plan the event which honors outstanding members of the community each year. After Simpson died four years ago the banquet was no longer arranged; however, the church is attempting to restart the annual occasion.

According to Helen Ashe, the sisters feel honored and appreciate the recognition they are receiving from the black communi-

Please see CHURCH, page S2

## Church

Continued from page S1

ty, but modestly admit that they are not the only ones to be praised.

"We've got a bunch of dedicated volunteers who we depend on; they deserve the recogni-

tion," she said.

Helen Ashe added, "We hope this will spark something that will wake our community up to the fact that there is a great need here, and maybe we will get more help from our people."

The sisters will be presented a plaque at the ceremony. Black church members throughout Knoxville are invited to attend. For more information contact

Isom at 544-0361.

"We thank Reverend Isom for having the interest, insight and courage to start a trend that might wake up our community," Helen Ashe said.

I believe in God's Master Plan in our lives.  
He moves people in and out of each others' lives  
and each leaves his mark on the other.  
In time, you find that you are made up of bits and  
pieces of all those who ever touched your life.  
And you are more because of them and you would  
be less if they had never touched you.

--Patrick Donovan



ANNUAL

llie G. Simpson, Jr.

BANQUET

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ATTIE E. COLEMAN MEMORIAL

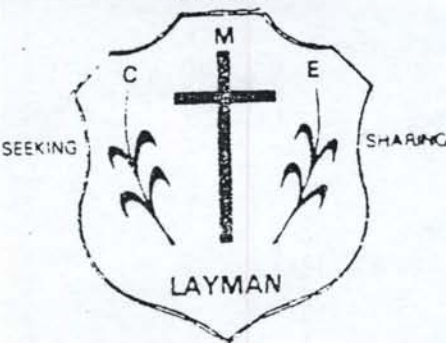
C. M E. CHURCH

HEME: "Empowering God's  
People To Serve  
The Community"

EASTSIDE YMCA  
3134 Wilson Avenue  
Knoxville, Tenn. 37914

July 6, 1996

6:00 P.M.  
STUDYING



July 6

# October 8

## GOOD MORNING, EAST TENNESSEE

SOMETHING SPECIAL WE'D LIKE TO CALL YOUR ATTENTION TO

### Wendy's helping to raise cash for The Love Kitchen

**T**en years ago, Helen Ashe and Ellen Turner started The Love Kitchen, a community ministry that feeds homeless, needy and homebound people.

Now, Wendy's restaurant diners are helping Ashe and Turner with The Love Kitchen's new center at 2418 Martin Luther King Jr. Ave.

Through the end of the year, Wendy's is collecting donations from customers through change boxes, located inside about 20 restaurants and at drive-through windows throughout the Knoxville area.

Wendy's hopes to help The Love Kitchen in its efforts to continue feeding the homeless and needy.



Clay Owen/News-Sentinel

Helen Ashe, left, and sister Ellen Turner

## Grins

■ A look at recent events in the news that pleased us . . .

**GOOD THINGS** come in small packages, and Dr. Richard Smith's small package of music — audiotapes — is going to make good things happen for the Love Kitchen. Smith, an orthopedic surgeon, and some of his friends from the University of Tennessee Medical Center and elsewhere, have recorded a tape, "Christmas Love: A Tribute to the Love Kitchen." All of the proceeds are to be donated to the charity, started by Ellen Turner and Helen Ashe in 1986. The two women serve more than 1,000 meals to the hungry twice a week.

December 14

1996



# Awards

The President's Service Award Citation  
Trinity S.D.A. Church Award

## Volunteers of the Month

January – Frances Brown

February – Nathaniel Bassett

March – Dr. James and Linda Worden

April – Bill Roach

May – Leon Turner

June – Phi Gamma Delta Fraternity

July – Bob and Bea Burnette





August – Hazel Gamble

September – Virginia Marsh

October – Mary V. Anderton

November – Joe and Sally Pace

December – Ken Porter



1997